

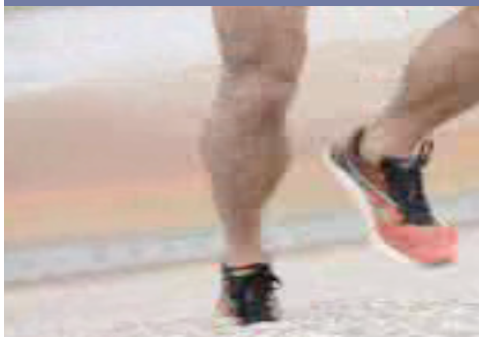
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Information for Sponsors

CAMBODIAN MARATHON CHAMPION

January 2014

Issue 1



Inside

Meet Hem Bunting

Cambodian Olympian marathoner from Beijing Olympics 2008, Paris 2012 best time 2 hours 23 minutes.

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Meet our project team

Canadian film director for the run and technical manager from Cambodia – coming soon YOUTUBE video in next issue/updates online.

4

Project Description – 12 days and 400 km Start in Stung Treng Province Finish in Phnom Penh

Hem Bunting, the Famous Cambodian Marathoner (2h 23mins Paris 2012) who was absent in Myanmar SEA Games 2013, plans to run 40 km a day from his homeland, Stung Treng province across to Kratie, Kampong Cham, and finally end in the capital of Phnom Penh. He is waiting for sponsors/volunteers to support his team. Supporters and people in Cambodia can join him in his quest. We have a need for a physiotherapist and other volunteers who would be interested in support for the run. For the duration of this charity event Bunting and his team will sleep in the tents, hammocks with mosquito net in the local villages. Please contact our Cambodian team and check out our fundraising events Contact: sponsorcambodianathletics@gmail.com and donations are appreciated online <http://www.betterplace.org/p16694>

Donations will be supporting the budget for the event and also to support Cambodian Athletes who are training in Cambodia...

Follow me to Page

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Hem Bunting

His challenge for runners and marathoners to witness his race across Cambodia

To raise funds for Athletes in Cambodia for the purchasing of shoes, training and work-out sessions. Also for the "Marathons 4 Cambodia" expenses for training including transportation and water for the run. The support for 12 days/400 km would be our first need on the budget. Co-sponsor the marathoners who are the reason for the race. Donate/day 42km= \$417 USD per day or each 1 km= \$12.50 USD

The project is not for profit. I do not want these athletes to have to work so hard just to have a place to train and have the necessities that we take advantage of so freely in other countries.

Needs of the athletes: ~ \$2,000 Riel <.50 cents US for a morning work out which lasts an hour before they have to go to either school or work at the market.

Water as the facilities in Cambodia do not allow you to bring in your own water they have to pay

and mostly the coaches put in their own money to cover this necessity. Donations would be about \$5.50 US or 4€ per person for a week. Athletes currently have been using their own salaries to pay for these amenities.

Shoes and trainers that are in fairly good condition for the training is mainly on streets and currently they have to watch where they train as the traffic and accidents on the street happen daily. Donations to be used to start the run at Stung Treng Cambodia. They are in need of a better place and thank you!

Spread the word and tweet
#marathons4Cambodia

Facebook page [Support Cambodian Athletes Running](#) Blog [Support Cambodian Athletics](#)

<https://sites.google.com/a/ualberta.ca/support-cambodian-athletics/>

**KING of
CAMBODIA
MARATHON**

The few races
he has been
given any
credit for was
the recent
race in
KAMPOT
Province
Preah
Monivong
Thansur
Bokor
International
Half Marathon
2013
hailed as
"KING of
Cambodia
Marathon"

Oct. 27, 2013





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...under conditions that are less than favorable.

If many people can contribute what was feasible to them – by donating their time, expertise or supporting us financially with whatever small or large amount they could we may be able to get this started in the Spring before Cambodia starts to heat up. The substantial heat and humidity is not in the best interests of the athletes and for marathoners in particular. Behind us there is no World Bank as we want to be independent of vested interests and open to changing our approach where necessary and helpful. Whilst the team of *Marathons4 Cambodia* has committed to working pro-bono for up to 3 months, bearing all additional costs during the journey are beyond our scope. These costs are approx. set out in the expenditure list and we looked at the cost as per km so 1 km=12.50 cents (US). The total expenditures are in real cash value \$5,000 USD. That includes the food for each person on the team and also their transportation and other costs we need to pay for along our journey. Check this out, your sports/charity/school could help! Beyond Sport World.org connects globally on issues of social equity and poverty <http://www.beyondsportworld.org/member/view.php?Id=1447>



Spread the word **It's totally free.**

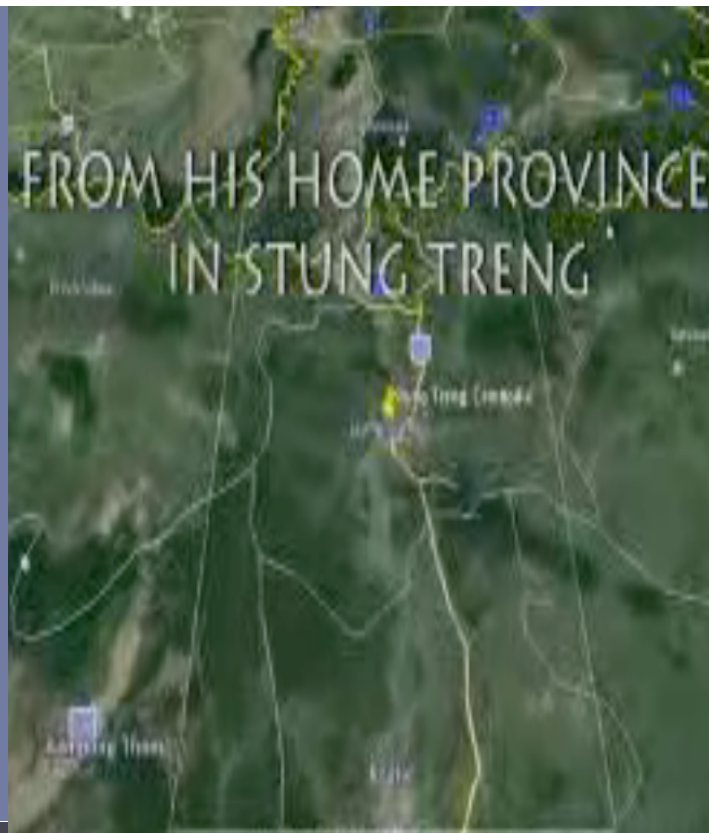
1. Write about us, become a guest blogger on our google site, comment on our concept and idea.
2. Follow us on Twitter, Facebook, check out our photos and our videos coming soon on YouTube
3. Check out our links, photos, which you may use and any you've come across on the concept of adequacy which is living above the poverty line to help create an event.
4. Tell the media, tell your friends and relatives, tell one, tell all!

1 A google site is an app you can use through gmail or you can access online through our link [Support Cambodian Athletics](#)

2 Facebook Page
You can join our [Support Cambodian Athletes Running](#) and see our information for the marathons 4 Cambodia participant involvement.

3 Support our [fundraising event on betterplace.org](#). betterplace.org forwards the entire 100% of donations collected. Our link is <http://www.betterplace.org/p16694>

While we are prepared to work without a salary for up to 3 months, we have additional costs that we need to fundraise for. We have estimated these costs to be approximately 12.50 US (or 4 Euro) per km. Total cost/day = \$417 USD a day for a total of 12 days in our estimation of \$5000. Many friends and believers have shown interest in sponsoring kilometers of the journey. We invite you too to sponsor as many km of our trip as you can. There is also an opening for a corporate sponsor to match dollar for dollar of the amount raised from the public. These funds will be used for video and photo material collected during the journey into a documentary, the production of a photo book and the start-up of a platform, which makes all collected information accessible to anyone wishing to contribute to rural development.



More Info

Email

<mailto:sponsorcambodianathletics@gmail.com>

Contact

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Website <https://sites.google.com/a/uAlberta.ca/support-cambodian-athletics/>
In Edmonton Alberta Canada
+17804354395
Sponsor and donor page
<http://www.betterplace.org/p16694>