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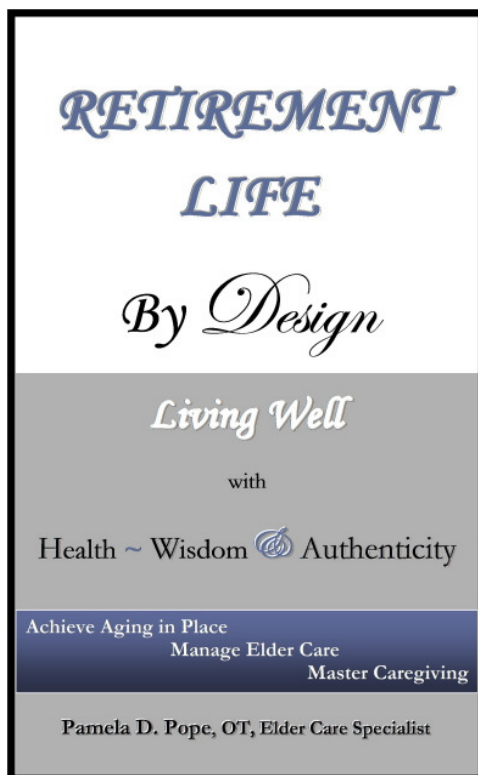
Pope Institute for Health and Education, LLC is proud to present

Retirement Life by Design—Living Well

with Health, Wisdom, & Authenticity

by

Pamela D. Pope, OT, Elder Care Specialist



Whether you are a retired senior, a caregiver to an older adult, or a mid-life adult challenged by life/health circumstances, *Retirement Life by Design-Living Well* is a must-read. The practical insight, holistic perspective, and direct and professional delivery of the author, Pamela Pope, provides clarity to the maze of retirement living options. Her thoughtful and straightforward approach will inspire and empower readers.

The wealth of Ms. Pope's experience as a health care professional and elder care specialist brings added value to the essential information she shares. Your quality of life will be greatly enriched by *Retirement Life by Design's* insightful and holistic guidance.

Drawing on over a decade of progressive experience as a rehabilitation therapist and experience in long-term care administration, Ms. Pope delivers an unwavering message of consumer empowerment and authentic retirement living throughout *Retirement Life by Design-Living Well*. As President of Pope Institute for Health and Education, LLC, a St. Louis based elder care

consulting company, Pamela Pope guides seniors in planning for aging in place. Pope Institute, headquartered in St. Louis, provides elder care and aging in place consulting.

Retirement Life by Design-Living Well with Health, Wisdom, & Authenticity (200+ pages) is available in soft cover for \$24.99 + \$4.49 shipping and handling per 1-2 books (Missouri residents add 6.075% per book for taxes). Payable by Check, Visa, MasterCard, or Discover. **Give the gift of empowerment--order copies for friends and family.**

To order *Retirement Life by Design-Living Well with Health, Wisdom, & Authenticity*, complete the enclosed order form. Bulk order discounts are available on orders of 25 books or more--call Pope Institute for Health and Education, LLC at (866) 545-POPE for details.



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