



Praise for "Transformation Caravan"

Cher's story is quite amazing and she should be so proud of herself for having the guts and determination to overcome life's obstacles. There's a lot to be said about a person who's passionate and dedicates their time and energies towards helping others in need... Cher does that in spades! What can I say; she is a true inspiration to others and a winner in every sense of the word.

Daniel Babbino: Co-Founder/President WLS Lifestyles Magazine

You will love this book because it will leave you feeling like you too can make it. You will leave feeling empowered rather than shameful. You will feel like with Cher on your team, you will be a winner!!!!
Mary Jo Rapini L.P.C. Big Medicine

This is a must read for everyone; whether you are having "WLS" or supporting someone who is about to have the surgery. Cher has courage and this book will inspire you to live your best life. No matter what obstacles come her way she discovers new awareness, energy, and focus to get back in her game. She is a real winner and she wants the same for everyone who reads "Transformation Caravan".

Nancy E James, CVCC - ICF PCC Executive & Business Development Coach
The BayPalm Groupe

Cher currently co-hosts "The New You" Radio Show with Health and Wellness Coach Jeff Cadwell, runs a "WLS" support group, contributes "Health and Wellness" articles exclusively for Avid Living and WLS Lifestyles Magazine, host tele-seminars and maintains a private practice in Dallas, Texas.

As a Weight Loss Surgery patient herself, she knows all about the trials and tribulations her clients face day in and day out.

Cher's own life journey makes her passionate about helping her clients realize their dreams and live the lives they are meant to live. Everyone deserves a life filled with health, happiness and success. Cher believes "WLS" patients are no exception.

Transformation Caravan

Taking the "WLS" journey together



Cher Ewing