

Foizzbooks

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This book is a guide. Treat it as such. I am not a professional, just a guy who knows a little about a lot. Please enjoy responsibly and don't take everything so seriously. Your life is your responsibility.

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Disclaimer

First thing's first. I am not a personal trainer, gourmet chef, or psychologist, nor do I claim to be one. If I was I would be working in a gym, cooking for someone important, or listening to people yak about their problems. I am a young man who knows a little about a lot. You will learn things from reading this book, but that does not make you an expert. If you want to become a master, you'll have to study and research. Leave the tough jobs to the professionals, but unless you try, don't expect to be number one.

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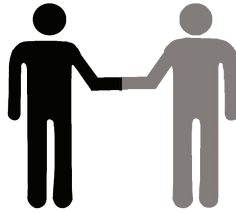
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Introduction



Everyone's dream in life is to be happy. No matter who you are, we all share this common goal. Everyone's definition of happiness is different. However, they all have one thing in common. Someone else. No one can be happy alone. Independent yes, but alone no. Alone and independent sound similar, but they are two very different words.

Alone means having no one else present, to be without others. Independent means capable of acting for oneself, not depending on another for livelihood. Everyone wants to be independent, no one wants to be alone. Happiness needs to be shared. It may be with family, it may be with friends. It may be with a lover. It may even be with a pet, but it must be shared.

Being independent does not mean you are alone. I was independent for almost five years. Age 20 through to 25, the most crucial time for individual development. True independence means not consulting with another person when considering decisions about your life. Until you reach this point, you should not be dependent on another.

Independence is not something achieved over night. It takes time, but it is a necessary step to personal development. If we do not know who we are by ourselves, then how can we con-

ceive of connecting to another?

Independence is a path to most individual's final goal. Finding the one perfect woman and spending the rest of your life with her. If you are to find this perfect girl then you must meet different women. No one buys a car without shopping around and taking them for test drives. How does a person know their favorite flavor of ice cream if they haven't tried them all? In actuality, you don't. But if you know what you like and if you know what you are looking for, when she finally does come around, you'll know it. I know what my favorite flavor is and that is not going to change. I want to help others get to that point. I want to be the ice cream man of love.

The idea for this book came to me after reading *'The Game'* by Neil Strauss. While reading the book, I could not believe there was another person on this planet who loved women as much as I did. I thought, if he could write a book, why couldn't I? I decided that instead of waiting for responses from publishers, I would produce the book myself. The book you hold in your hand was created with no outside assistance. Just painstaking hours at my computer and the help of my beautiful future wife, who assisted with editing and endured my frequent boastful attitude. Tireless hours of editing and deciding whether to use a 10 point, 12 point or 14 point font.

This book is not a guide to getting laid, although it may increase your chances, it was not intended for this purpose. The purpose of this book is to educate men, not just about women, but also about life and the relationships they encounter.

Originally, I started writing a book about sleeping with women, picking up, and getting the women you desire. I soon realized that every guy is a self-proclaimed pickup artist, but most

do not have a clue what it takes to keep a woman happy. I also realized no man wants to be a player forever, well except maybe Mr. Hefner. This book is for the man who does not yet know who he is, or how to get what he wants. And for the man who has what he wants and intends to keep it.

I talk about some of life's most simplistic principles: honesty, respect, and courtesy. Treating others the way you would like to be treated. Setting goals and obtaining a means to achieve them. And of course, loving yourself. I have not lived my life exactly according to these principles. No one is perfect. Everyone makes mistakes. Think of these principles as ground rules or guide lines. Your rails to keep you on track.

I will do my best to tell my story. If you haven't noticed so far, that I am not a writer, I am doing a good job at fooling you. This book has been broken down into short chapters and sections, so you can pick it up and put it down at your convenience. If it doesn't end up on your bookshelf or your coffee table, I would be honored if it was kept in your bathroom. That's where I do most of my reading.

Some names have been changed to protect individual's privacy, also to avoid any heartache that may be caused from reading my book. If you are in this book, you'll know once you read it. If anyone's feelings are hurt, I apologize in advance. That was not my intention. My goal is to help you become happier, teach you something you may not have known, and make you laugh from time to time. At least one of those, I promise to achieve. I love everyone who has come into my life, you have all made me who I am today. I love me. And if you do not already love yourself, I'm sure you will after you read this book.

To get the most out of this book, I created a web page for

each chapter. Just follow the links at www.fozzbooks.com. You will have access to links, videos, and bonus features related to each chapter. You will also be able to contact me if you so desire and/or leave me some feedback. Please be nice. If you see this symbol  it means additional content is available online.

If you come across any words or terms you are unfamiliar with, check the glossary in the back of the book. Words you may find foreign will be italicized for your reading pleasure.

FOR THE LADIES

Dear ladies,

I wrote this book from the male perspective. Not because this book was meant just for men, because it is not. Truth is, every additional letter I print costs me more money. If I printed him/her and he/she each time, the book would have cost an additional \$5. I had you in mind, now you can buy a coffee while you read. You're welcome. I am confident women will get just as much from this book as men do. You will certainly grasp the way men think and hopefully I will shed some light on why we act the way we do. Even the biggest players have hearts, they just guard them with bigger guns.

WARNING

Women. Once you have read this book, you will hold men to a new standard. A level you had hoped existed, but that you have never seen for yourself. You may become more fussy when choosing your men and use this book as a required reading for applicants. After reading this, you will realize that most men aren't too far off from reaching their full potential. They just need a push in the right direction. This is that push.

FOR THE FELLAS

Dear Fellas,

I'm hoping you will absorb something positive from this book. If you have to, read it more than once. There is a lot of valuable information packed into these pages. If you don't have confidence, I hope to help you gain some. If you are an arrogant prick, maybe what I have to say will bring you back to reality. Most of all, I hope to teach you how to love yourself, so women can love you back.

WARNING

Men. Once women know you have read this book, you will be held to a new standard. The days of you saying, "I didn't know any better," will be no more. You will know better. You will have the knowledge, the skills, and the confidence of an experienced relationship veteran. With confidence comes power. With power comes responsibility. The responsibility not to abuse your power. It's our job to prove there are still good guys out there and that not all of them are taken or gay. If you are not up for the challenge, put this book down or give it to someone who is.

Be Better

The goal of this book is to get you to a point where you don't have to go searching for women ever again. If you believe you are already at that point, your goal should be to improve on your abilities to coexist with women. Women are everywhere. Where you work, where you shop, sometimes right in front of your face. If you are open and comfortable with yourself, they will find you. I will prepare you for the moment they do, through education and coaching. Instead of searching for women, you can let them come to you.