

WORDS FROM A SISTA

a collection of poetry

by

D. L. Johnson



The one thing we can't avoid in life are struggles. Whether we live in the richest of neighborhoods or right on the poverty line, we all face some type of struggle in life. It may be financial or emotional, with a love one or within ourselves. A person can catch a struggle as easily as it is to catch a common cold. It can make you stronger or it can break you down. That's it, there is really no in between. It can chip away at your strength slowly, a little bit at a time or it can build it up, no matter which one of the two, it is still there. It may be easy to look at your life and think it can't get any worse or nobody knows what you are going through. But with millions of people walking this earth it is safe to say that there is somebody out there that has done it, been through it, made it through, attempted it or failed at it, but you are not the first and you are not alone. In the midst of a storm it is hard to see anything but the rain. Nobody likes to get caught in the rain, especially when it is unexpected, just like the rough patches in our lives. It's nice when the clouds break and the sun finally shines on us and things get all better. We love the sunshine, the flowers blooming and the birds chirping. But the fact is that we need the rain. God put an example of his work right in front of our faces. What would happen if it never rained and the sun did shine all of the time? The ground would dry up and the flowers would wilt and die. Even though we can't see it all of the time, when we go through our rough times it is God's way of nourishing our soul, saturating the soil to make our roots stronger to help us grow, even if it is only a little bit at a time. You may not see a big change in a flower after a storm, but in time, they always blossom.

Smile



Don't let that stuff get you down
Hold your head up
Be proud and smile
When they look at you the wrong way
Or got something to say
Don't be so quick to throw it all away
And make a stupid mistake
Just keep that smile on your face
Don't ever let them see you down
Remember what goes around
Will always make its way back around
When you know he's no good
Let him walk away
He thinks that you can't handle the pain
And does whatever it takes to make your heart break
Hold you head high and keep that smile on your face
Because the world can be a very ugly place
When you choose the wrong people to place your faith
And it seems everything you gain somebody is ready to take
No one wants to help your life elevate

The one thing on one can erase is that smile you have on your face
When they think they know what's inside your head
They say you think that you are better than them
Because no matter what you keep going
No matter how hard it gets you keep trying
Don't you know they have nothing better to do
Than to sit around and talk about you
But remember nothing to them has to be proven
So just keep your feet moving
And on your face you keep that grin
The days you feel like you just can cope
You think you've used your very last bit of hope
You've cried every tear you could cry
And it feels like there is nothing left inside
You might think you have nothing left
But you will always have the love for yourself
Because no one can ever take that from you
Loving yourself will give you strength in any struggle
So let them think, look, or say what they say
Just keep on moving
And keep that smile on your face

When The Sun shines In The Rain



One rainy day I was driving alone
It seems as if I was the only car on the road
My wiper blades swayed back and forth
And I thought to myself another day late to work
My mind was overrun with my stress and my problems
No answer in sight
No way to solve them
When something wonderful happened to me
I was the most beautiful thing I had ever seen
The sky suddenly changed from dark to light
And the sun that was hidden behind the clouds shined bright
Raindrops still fell from the sky
But the clouds that once blocked the sun shifted to the side
The reflection of the sun bounced off the road
And made the streets look as if they were made of gold
The cold drops of rain that had fallen on my face at the beginning of the day
Became a reminder of His amazing grace
As if He was sitting right there up high on his throne
And reached down and touched me and embraced my soul

Because even through the storm clouds that blackened the sky
The sun's warm rays still managed to shine
That was the day the rain changed my life
That was the day I saw the light
It was the most beautiful thing I had ever seen
The day He opened His heart and rained on me