

It's *Cool* to Be soflynmythirties... The e-Book

By

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30-Something

a period of time during which a person is normally in a particular life state that can't be defined.

Author Unknown

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{There are twenty-six pages in this e-book. I still have some more things to learn in this era....The next book, will be *exactly* 30-something pages.}

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My Informal 30-ish Introduction

The purpose of this e-book is to inspire women in their thirties to live and not dread the mysterious number. It was given to us for a reason—season. I am giving you a first hand account of what I have been through. I am in no way saying that I know it all. However, I do know something at the age of... Look at the picture, above the headline, and pull out the calculator: I am smack dead in the middle.

This E-book is straight to the point, featuring poetry, essays, and quotes from women in their thirties.

I take pride in being soflynmythirties, and coined the term when I turned dirty-thirty. I believe that it is imperative that we stake our claim as SEVENTIES babies {Yes, I know math. I will give a shout out to the babies born in 1980 too}!

Forget what people say about it doesn't feel like anything has changed, or you should not celebrate a major birthday until you turn fifty. I just hope I make it to the age of thirty-five in the world that we live in today.

Right now, I am, and you should, define your thirties like no other era!

*Warning, this e-book will either make you want to join the soflynmythirties fan club, or go to a psych ward for the thirty-something syndrome.

~I have already passed 30, by four years.

kYm



"For my 30th birthday, I made breakfast, walked the dog, and went to the beach for a daytime picnic with my boyfriend. It was wonderful to just relax, take it easy and feel loved. In my early twenties, that would've sounded like a lame way to celebrate, but now these are all things I plan to relish and cherish each day throughout my thirties and beyond!"

Kristin
Houston, Texas

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