



K.C. Lauer resides in the Hartford, Connecticut area with her daughter and husband. She has worked in the food, aerospace and health care industries and recently obtained an International Management MBA. This is her first attempt at publication.



While K.C. struggles with sexual development dysfunction, hearing loss, depression and addictions that impact her young adult years, she battles with her family, her belief in God, and society as a whole, regarding what is normal for a woman.

Traumatic events affect her deeply and the emotional pain leads to drug, alcohol, food and sex addictions. K.C. gets sober in her junior year of high school, but sobriety alone is not enough.

When she finds out that she is miraculously pregnant, it is a wake-up call. She goes through a period of self-awareness and eventually turns her bad girl actions into experiences she can use to become a good mother.

K.C. recognizes that she could have killed herself or given up hope, but she did not. Instead she persevered, sought help and united with others who battled similar demons. She celebrates her success and challenges readers of all ages to liberate their demons.



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Bad Girl Gone Mom

by K.C. Lauer

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