

## Being abused doesn't mean that you give up on "You"



Being abused doesn't mean that you should give up on yourself. There is hope for you even if you don't see it. In the midst of each and every one of your trials, continue to believe in yourself. No matter how cold and harsh the words may be, my prayers are sent out for a better and brighter day for thee. Never give up on your hopes and dreams, and soon

the sun will begin to shine brighter so that a breakthrough you will be able to see. Hold on just a little while longer. Every ounce of hope makes you stronger. You're not alone, I've been there too. That is the reason that my prayers will soon come through to you. I held on to my dignity no matter how my heart was wounded. I pray that there is a blessing in the midst of your storm. I pray that your life will be at peace and that your heart will be calm. No matter what you do, never give up. I pray that God will soon step in and fill your cup. It took me about twenty five years to take my life back and not allow anyone to abuse or treat me that way again. I know about the pain that is in your heart. I realized that I was better than the way that I was being treated. I learned the real meaning of self love; which is the greatest love of all other than the love of God. Now I pour my heart out to you, to be a blessing and to uplift your heart, mind and soul. Even after all of your pain you can still make it. You too can use your trials to be a blessing to others. I love you my sister, take a hold of my hand, and I'll do my best to help you to stand.

Other books by me: **The Lives of Abused and Battered Women:**

[www.buybooksontheweb.com](http://www.buybooksontheweb.com), and **Heart-Boosting Poetry:** [www.publishamerica.com](http://www.publishamerica.com)

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