

Why Couldn't You Love Me Too

By Regina Weston

Chapter 1

The Complexity of Man

Living life and going through trials and tribulations did not come with a teaching manual on how to sail through life effortlessly. Life is experiencing different things through trial and error. This applies to developing relationships and forming bonds. Dealing with people is similar to going through a maze. Not one person that is born acts the same or interprets things in the same manner. The psychology of man is very complex. It is what separates one human being from the next. Individuality and uniqueness, it distinguishes you from me. Along with a person's religious beliefs, morals, ethics, and environment these are all factors in how someone will live and act.

An example of this could be based on the makeup of identical twins. These two individuals look alike and share the exact gene pool; however, their personalities are totally opposite. Although they may look alike and share analogous traits, they are still different, emotionally. That is why it is very difficult to know one's true self, the inner man.

Sigmund Freud classified human beings with having three parts to their personality: Id, Ego and Super Ego. He believes that each one struggles with the other.

The Id: is the part of the psyche in psychoanalytic theory that is completely unconscious and concerned with instinctual needs and drives. The Ego: is the self that distinguishes itself from others. The Super Ego: functions to reward and then to punish through a system of moral attitudes, conscience, and a sense of guilt.

The Bible states in [Jeremiah 17:9-10] (9) “the heart is deceitful above all things, and desperately wicked; who can know it? (10) I, the Lord, search the heart; I test the mind, even to give every man to his ways, according to the fruit of his doing.”

Knowing that God is Alpha and Omega, which means the beginning and the end, tells us that He searches the heart and He alone knows our individual needs and desires. We, being the children of God, are formed in His image, not our own. Because of that, it is in a person’s best interest to consult God for directions in everything they do, since some things wanted and desired aren’t in a person’s best interest to have.

Dealing with the psychology of human beings, there are individuals who are positive and negative. Those who are positive, search for the best in laypeople, regardless of character, temperament or environment. They are the people who choose to believe that a little good lies in the worse person.

Then, there are the survivors. Whatever transpires in their lives, they make the best of the situation and will forgive those who may be the cause of their pain. For example, a car could strike them and they would not hold any anger towards the person who struck them. Most likely, they would respond to others by saying, “At least I lived to talk about it.” So, instead of holding grudges or blaming others for their circumstances, they become proactive.

There are parents who have lost sons and daughters to drunk drivers. Instead of hating they chose to thank God for their child and the time He allowed them to spend with them. They would rather pray for the person who took their child’s life than waste energy hating them.

How many people could react in this same manner?

Chapter 4

Peer Pressure

This chapter will examine what teens, male and female, deal with on a daily basis, which is peer pressure. Teens engage in things they wouldn't normally do to be accepted by others. Peer pressure is the reason why some find themselves caught up in situations, which causes more harm than good.

Young girls are concerned about their body image. They worry whether or not they are too fat or too skinny. They are worried about the pressure of engaging in intercourse to keep their boyfriends or to be liked by boys. If they do choose to engage in intercourse, then they are fretful about being called names by their peers if their secret is revealed. (STD's) sexual transmitted diseases and unwanted pregnancies is also a concerning factor.

Young males are faced with a different kind of peer pressure. In some cases, they are looked at as punks or sissies, if they don't behave in a particular manner. If they are bookworms, then they are nerds. If they play sports, then they are a man's, man, a jock. If they sleep around with a lot of girls, then they're doing what boys/men are supposed to do. If they rather engage in a monogamous relationship with a young lady, then they are whipped or suckers. If they wear their pants underneath their butts or ankles, then they are thugs/bad boys. Young males deal with as much peer pressure as girls. The bottom line is both male and female are looking for acceptance from one another.