

SAMPLE EXCERPTS OF THE BOOK WHAT IS MAN

Seattle City Book Review of What is Man: From the World of Ro and Mo

“Existence is awareness – consciousness. Nothing exists to the unaware.” What does it mean to be aware of our existence?

Rohan and Mohan Perera explore this question by dissecting what it means to be enlightened, what it means to love, and how light signifies existence. Using the world of science, they explore Christ's teachings and analyze the complex state of humanity.

What is Man: is unique, for it takes science and what society understands and uses spiritual exploration to explain how to obtain God's love. The writing is intelligent, well laid out, and well researched, with every point strongly supported with an array of examples ranging from Bible verses to the work of famous figures such as Stephen Hawking, Albert Einstein, and Buddha. Sigmund Freud is often referenced with the use of the ego and superego, supporting how spiritual existence is conscious and unconscious. These examples support every argument concisely and allow a connection to form by using examples from famous figures.

They use these scientific theories with a spiritual lens: “the ego attaches itself to the body and becomes the body.” It's sophisticated and eloquent but uses easy-to-understand examples that aren't patronizing and instead steer you into deeper thinking, clearly hoping to start a discussion. The

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style is passionate and vocal, and they never shy away from their thoughts, writing, for example, that “this world that is motivated by greed.”

They strive to maintain easy-to-understand language with clear explanations that sufficiently flow together. The language is elegant, forms a unique perspective, and contains several metaphors throughout. Their goal is to encourage others to dig deeper than what's on the surface, with the goal of helping others to find peace, which has to come from the “wisdom in you.” This book successfully dives deeper past the surface and explores love in an attempt to understand it, but it also lists different avenues for how to process love: from Christ's love for mankind to selfish love to romantic love to love as a complex emotion.

What is Man is aimed at those seeking answers about purpose and love, striving to lead them to a greater peace. This isn't a light novel; it's for those wanting to think, to gain an analytical understanding of love. *What is Man* states that scientists “study the material aspects of the world and life” but encourages you to look deeper than this, to open up to all possibilities.

Reviewed by Elizabeth Konkel

WHAT IS MAN



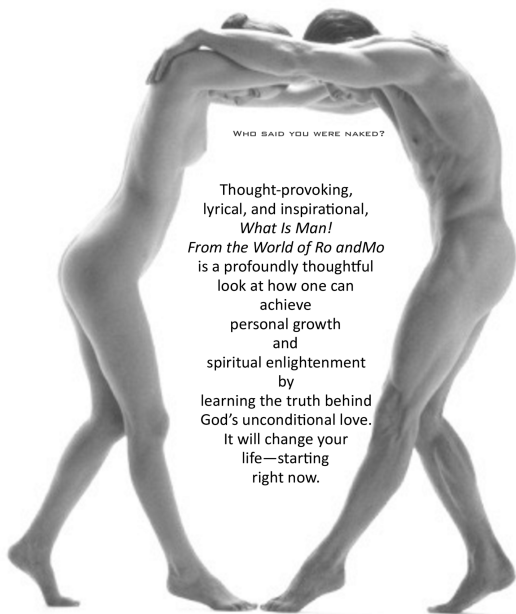
WORLD OF RO AND MO
ROHAN AND MOHAN PERERA

It can be a challenge to sift through all the confusion, stress, and problems of modern-day humanity to achieve truth and enlightenment. Luckily, there are individuals who have dedicated their lives to spiritual exploration and who can bring the sciences and Christ's teachings together to help others find truth.

What Is Man! From the World of Ro and Mo

will inspire you to lead a life rooted in truth by helping you better understand such principles as

- the purpose of life in today's modern world,
- how to overcome everyday anxieties that come from mankind, and
- the connections between science and the teachings of Christ and the Spirit.



WHO SAID YOU WERE NAKED?

Thought-provoking,
lyrical, and inspirational,
What Is Man!
From the World of Ro and Mo
is a profoundly thoughtful
look at how one can
achieve
personal growth
and
spiritual enlightenment
by
learning the truth behind
God's unconditional love.
It will change your
life—starting
right now.

WORLD OF RO AND MO

WHAT IS MAN

From the
World of Ro and Mo

Rohan and Mohan Perera

WHAT IS MAN

World of Ro and Mo

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*The words of the wise are as goads,
And as nails fastened by the masters of assemblies,
Which are given from one shepherd.
And further, by these, my son, be admonished:
Of making many books there is no end;
And much study is a weariness of the flesh.
Let us hear the conclusion of the whole matter:*

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*When I consider Thy heavens, the work of Thy fingers,
The moon and the stars, which Thou hast ordained,*

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*That Thou art mindful of him,
And the son of man that Thou visitest him?*

Ps.8.3: 4



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What is Man!

What is man but a conscious spirit,

In a state of finite awareness:

Where the poor and the sick,

Dwell with the well and wealthy,

And the cold and the cruel thrive,

Among the weak and the meek.

For:

Mortal and finite is the son man.

A spirit of utter loneliness:

And of hollow emptiness,

In want of love and weak of heart.

Faithless cold and cruel,

Is the spirit of the barren man.

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Yet:

Love, the character of life,
A Spirit of absolute aloneness:
That is of infinite fullness,
Gives life to countless souls.
To multiply, and to increase,
And scatter the heavens with life.

And:

In consciousness is life.
The unconscious is the source:
Whence truth and wisdom lie,
Knowledge of God and Love;
The indigenous nature of life,
That is mysterious to man.

And:

In the depths of consciousness,

In the abyss of the soul:

Be found the source of life,

In which is infinite awareness,

The eternal home of every man,

It is yet to fathom by every man.

Yet:

Confined to a material universe,

In light, space and time:

A quantum of infinite awareness,

In a body of finite life,

The mortal man struggles to,

Fathom his immortal soul.

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And:

Ignorant is the man of finite awareness.

For vanities:

And pride of life; crucifies love,

With which he was created for.

And, in the absence of love, it is

Eye for an eye, for you and I.

So:

Cynical is the man without love.

In fear do:

The son of man and,

In desperation, make bonds of love.

An act of volition but,

What is marriage if not bondage.

O:

In Heaven do the Sons of God.

A state of infinite awareness:

Where marriage is obsolete,

And Love is absolute,

The Christ consciousness,

Yet to enter the mind, of man.

For:

Heaven, is to be One with God.

The eternal Spirit, within all:

In the Spirit, of the Father and Son,

Brothers and Sisters, of Jesus Christ;

“In Heaven, there is no marriage,

Nor is anyone given in Marriage.” _ Jesus

Introduction

If the most profound question in the depths of your mind is to know why who and what you are. So, if you seek to learn the meaning of life, as it was with us, then we invite you to consider this unfamiliar but compelling perspective to life.

To most people, life is just pain and suffering, and for them, living is to work to free themselves from this pain – to survive till the death releases them from everything. Moreover, the pain and suffering of spirit are much more profound than any other physical pain. A broken leg can never be compared to a broken spirit. This proves that life is much more intense and deep-rooted in the spirit than the body.

The body is just a vehicle. It is like a space suit for an alien from another dimension, who is invisible in this realm of light, space and time, and is struggling to gain control in an alien world.

According to the dictionary, the spirit is described as the non-physical part of a person that forms the base of emotions and character. This part is regarded as the true self and is capable of surviving physical death or separation. So, if we are essentially spirit, we should only consolidate with it to find answers to all life questions. The answer to the meaning of our life hence lies with our spirit.

If this is the case, then why do we struggle to understand

who and what we are, and what is the purpose of this life?

Religion and science have provided us with some answers, but this universal question has baffled even the religious and the scientific communities. Creationists and evolutionists have also compromised, as neither can prove their claims. The egoists and the egotists also avoid reality to indulge in fantasy and compromise the truth.

The thing is that we all come with an instruction manual to life. How else can we know what should be done with our extraordinary awareness?

No another form of life on earth is as aware as us humans. The other life forms are just programmed to live, which means that our awareness is for something more than just survival. Maybe it is to appreciate the creation and all the marvels within it. This awareness that we have is equally incredible, imaginative and creative like the creator, and therefore we need to tend to it and nurture it attentively. Not the universe, but our awareness, which is greater than all of the creations. An awareness that can behold the creation and comprehend it, and complement the creator.

Alas, as our creative and imaginative awareness gained knowledge, our egos puffed up and we became creatively destructive and imaginatively cunning. As a result, we started to fail our awareness.

So, let us introduce a fresh perception to the conscious mind and provide new impetus to consider the unconscious mind. Only then can we give meaning and

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purpose to our life. This will offer solace to the heart and life, and hence to the spirit.

With best regards, Ro and Mo

Three

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The Unconscious

When Buddha gave up all His worldly and material possessions, he was enlightened and he became unconscious of the physical things and became conscious of the things of the Great Spirit. Listen and feel, the Spirit is in you; it is subconscious. To become aware of it consciously is the only singular way to becoming alive in the spirit. In this process of achieving a spiritual awareness, much meditation and contemplation are required to become fully conscious of the subconscious. It is not arduous work, but it is deep thinking.

And, the thought is what life is. You are what you pretend to be!

As we grow up in the world, we are not taught to either

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listen or to think, we listen to what we want and think what we want. Listening is not easy and thinking is even harder. Therefore, if we are unable to listen and think about the physical elements of the world, to listen to the unconscious mind and reason with it is beyond the bounds of possibility to most. Establishing this connection requires lots more energy than any physical activity.

This extraordinary feat is made all the more impossible by the pretty much robotic life in the world. We are living in a world of spoon fed societies of ancient customs and traditions.

In this world full of the traditional way of life, how can you expect a man to become like Super Man and maintain his integrity? We all know that even the constitution does not trust a man to hold the Presidency for more than four years! And we talk about Super Man being a forever concept?

Here presented below is a gist of the work done by the scientific community in discovering about the unconscious mind in the last one hundred years – in a publication from Stanford Medicine by –

Marissa Fessenden, May 7, 2012, informs us in essence of a deeper understanding.

Since Sigmund Freud made popular the concept of the unconscious mind impacting our behavior particularly, concerning desires and motivations, psychiatrists and neurologists have increased their knowledge of the layers

of the mind. In answering the question –

What is the motivational unconscious and how does it relate to our traditional understanding of the unconscious and the conscious mind?

Stanford psychiatrist, Hans Steiner, MD explores the science of the motivational unconscious in his Stanford Continuing Studies course. Specifically, this quarter he discusses the exciting advances in research about the motivational unconscious, as well as how it is manifested in our actions and creative work disclose:

[At any moment in time our brains are engaged in multiple layers of activity, and these different layers are categorized as *conscious mind*, the *motivational unconscious*, and the *non-conscious machine language*.

Mental processes are a component of our awareness and the processes, which we can focus on, are defined as activities of the conscious mind. For example, if you are watching television, your conscious mind will be involved in the visual and sound impetus including any background sound, and also of what you might perceive that may be taking place elsewhere in the room.

The motivational unconscious is the second layer of mental processing that takes place subordinately. These mental activities usually happen outside of our awareness, though they can be accessed, and therefore the motivational unconscious can be made conscious. The motivational unconscious deeply impacts our behavior, opinions, and emotions, though normally we are not

aware of it. However, the motivational unconscious will decide how you identify and react emotionally to the movie.

The non-conscious mind is the third and the deepest layer of mental activity that cannot be accessed by the conscious mind and this is the mind, which controls your breathing while you are watching the movie.]

Note: The deepest mental activity is in the unconscious mind, which operates outside our conscious **awareness**. The unconscious mind also manages our vital organ functions while also deeply involved in rationalizing our conscious thoughts.

The thought process can exemplify this, “Would anyone hand over his or her life to anybody without consent?” Even though we may fight for our independence passionately, but most of our existence is in the hands of the unseen and unknown. Our consciousness is twofold and both the conscious awareness and the unconscious awareness make us whole. Our consciousness makes us one with our provenance.

However, scientists like to provide a quantifiable explanation for things and believe that the brain of the body provides the mind with consciousness, which comprises of the unconscious and the conscious mind. Conversely, we in this scientific world believe that it's the brain that processes consciousness. Our conscious and unconscious spirits are like the software, which are processed by the hard-drives, the brains of bio-mechanical robots. Without the software, the computer is

nonfunctional. Oh! Yea, the software is in the DNA. Isn't it shocking that we have been so hardwired for scientific validation through our schooling and upbringing at home that we cannot accept any real validity in cognition unless it has been scientifically proven?

"It's the spirit that gives life to a biomechanical body."

How be it, then, that we all, including the great minds like Einstein, believe in love? Where is this gene for love located in the chromosome? Why aren't the biochemists able to find its location so that we can wipe out lovesickness? Worst of our cancers will disappear!

Love is spiritual. It can be attributed to being the distinctive quality of a conscious personage—character, which is recognized by other such characters. The character is something, which is very subjective and intrinsic to consciousness and is proportional to the magnitude of the consciousness. More evolved the consciousness the more the reasoning power of the character.

The reasoning of the mind produces creativity, and this creativity leads to order and directive. But it is seen that creativity demands a great deal of energy, which can be characterized by the energy of electricity, gas, solar, wind or nuclear energy. Energy is an important source to power the reasoning of a character. This reasoning of character requires the energy of love. All humans crave for this energy and try to establish a connection with a source, which is relative to their need and offers a compatible (contractual) radix of love.

The energy of love transcends everything and it cannot be created nor destroyed. It has the same characteristics as matter, which cannot be created nor destroyed. However, the primary distinction between the two is that energy of matter changes form and the energy of love changes character.

In physics, the conservation of energy is an absolute law, which states that the total energy of a closed system remains constant. Although we witness energy being created as heat when we light a gas stove, it is purely the manifestation of energy being converted or changing form. Similarly, when a firecracker explodes, chemical energy is converted to kinetic energy.

There are two basic forms of energy, kinetic and potential. Kinetic energy is the movement of energy and potential energy is any type of stored energy, such as kinetic, chemical, gravitational, nuclear, mechanical, electrical, etc. All these types of energy can transform from one to another; however, energy is not created or destroyed. This law of conservation of energy is also obeyed by the *dark energy*, which spreads through all of the observable universe and accounts for nearly seventy percent of the total energy of the universe and seems to accelerate the expansion of the universe.

The universe is a closed system and the total energy in the universe has always been the same.

All energy of the universe, including the dark energy, has a source, and scientists cannot fathom its source nor can they fathom the source of spiritual energy.

Analogous to dark matter and dark energy, God and Love cannot be detected but can be observed to take part in expanding or evolving their spheres.

Can you work towards experiencing the energy of love!



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