



Rich Habits

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Rich Habits

Poor Habits

Me

Purpose



*Intellectual, philosophical
& spiritual Reflection
builds wisdom*

Takes Time to Think
Reads Inspiring Works
Into Lifelong Education
Honest & Principled
Meditates or Prays
Does the Homework
Takes Notes
Positive & Stable
Grounded in Faith
Enjoys Good Humor

Constantly Distracted
Watches Lots of TV
Knows It All
Lacks Integrity
In Spiritual Poverty
Ignorant
Lets Wisdom Slip Away
Pessimistic
Cynical, Superficial
Grim, Too Sarcastic

Pointless



*Distraction is the enemy
of intelligence and
illumination*

We

People



*Connection with others
creates a positive tone
and energy*

Loves People
Has Good Etiquette
Expresses Gratitude
Takes an Extra Moment
Respectful & Agreeable
Forgiving
Kind & Charitable
Elevates Others
Spices It Up!
Sweet

Loves Stuff
Inconsiderate
Selfish & Ungrateful
In a Rush
Pushy or a Pushover
Holds Grudges
Self-Righteous
Gossips, Profane
Boring
Bitter

Poison



*Alienation of others
is the surest path to
misery & failure*

Do

Productivity



*Physical, environmental
and financial synergy
fuels Production*

Does the Chores
Saves Money
Gets Checkups
Exercises
Eats Healthy Food
Responsible
In Control
Clean & Organized
Simplifies
Does a Quality Job

Dodges the Chores
Financially Reckless
Neglects Health
Intends to Exercise
Eats Junk Food
Abuses Alcohol, Gambles
Does Drugs, Smokes
Has a Messy Space
Accumulates Clutter
Does a Sloppy Job

Pathetic



*Destruction comes
from neglecting the
fundamentals*

Be

Progress



*The highest satisfaction
comes from continual
Progression*

Has Written Goals
Manages Time
Punctual
Keeps Checklists
Maintains Calendar
Into Hobbies or Music
Keeps a Journal
Preserves Family History
Devoted to Greater Cause
Makes a Difference

Wanders Aimlessly
Wastes Time
Often Late
Lacks Direction
Oblivious
Lacks Passion
Loses Life's Lessons
Lets Family History Fade
Serves as a Bad Example
Just Gets By

Perish



*Procrastination
is at the core of every
meaningless life*