

Sample



Magdalen
Bowyer



Illustrated by Joan Trinh Pham



Magdalen Bowyer



Vancouver, British Columbia
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Love Is
By Magdalen Bowyer

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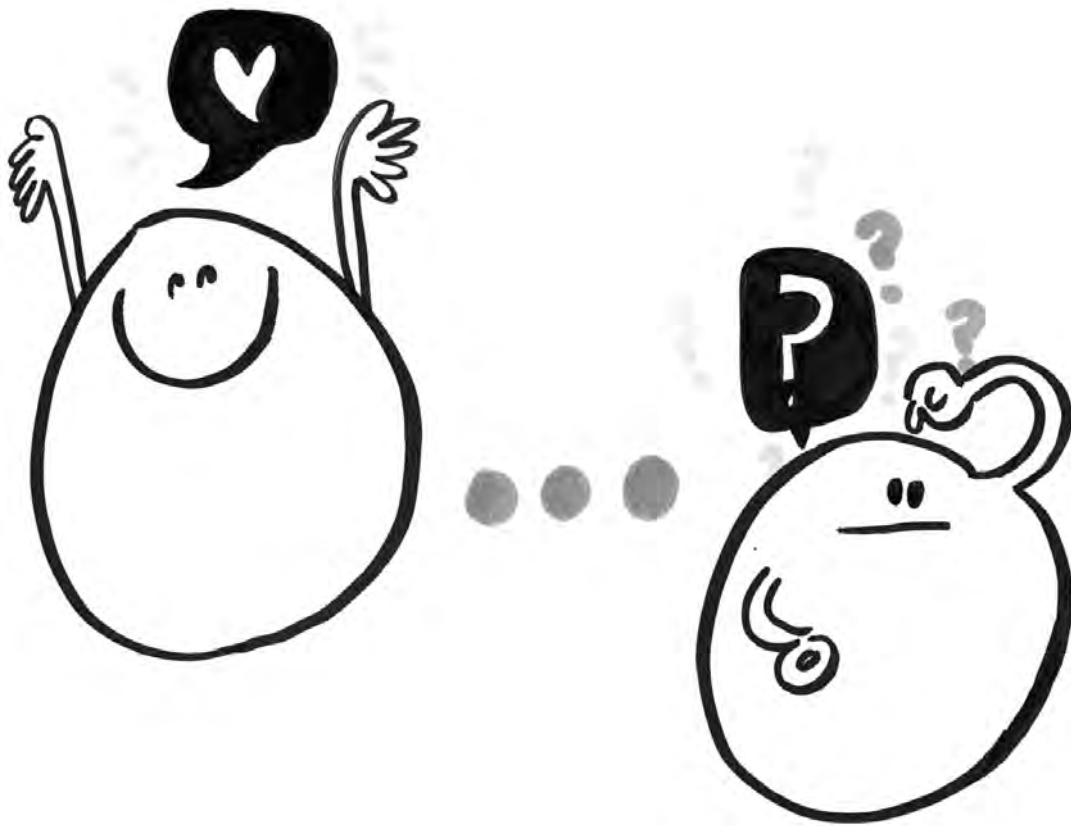
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for women
and the children of women

This is a free sample of the book "Love Is" by Magdalen Bowyer
To purchase the complete book, visit [here](#).

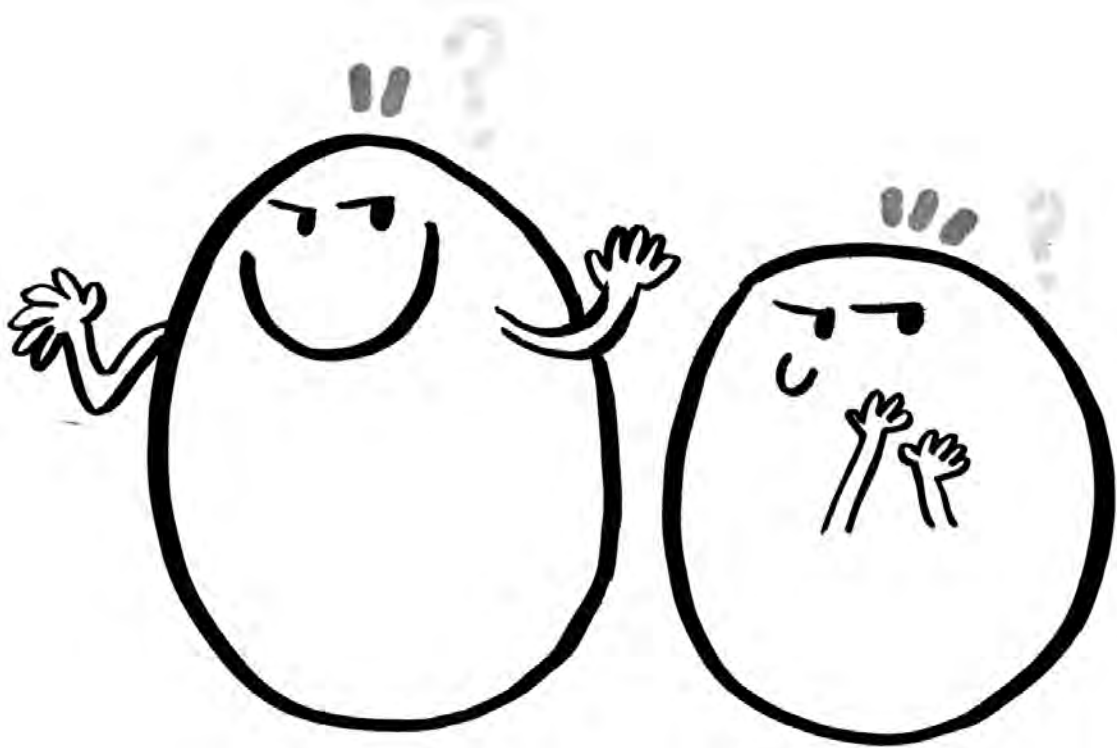
Love is a many-splendored thing . . . right?



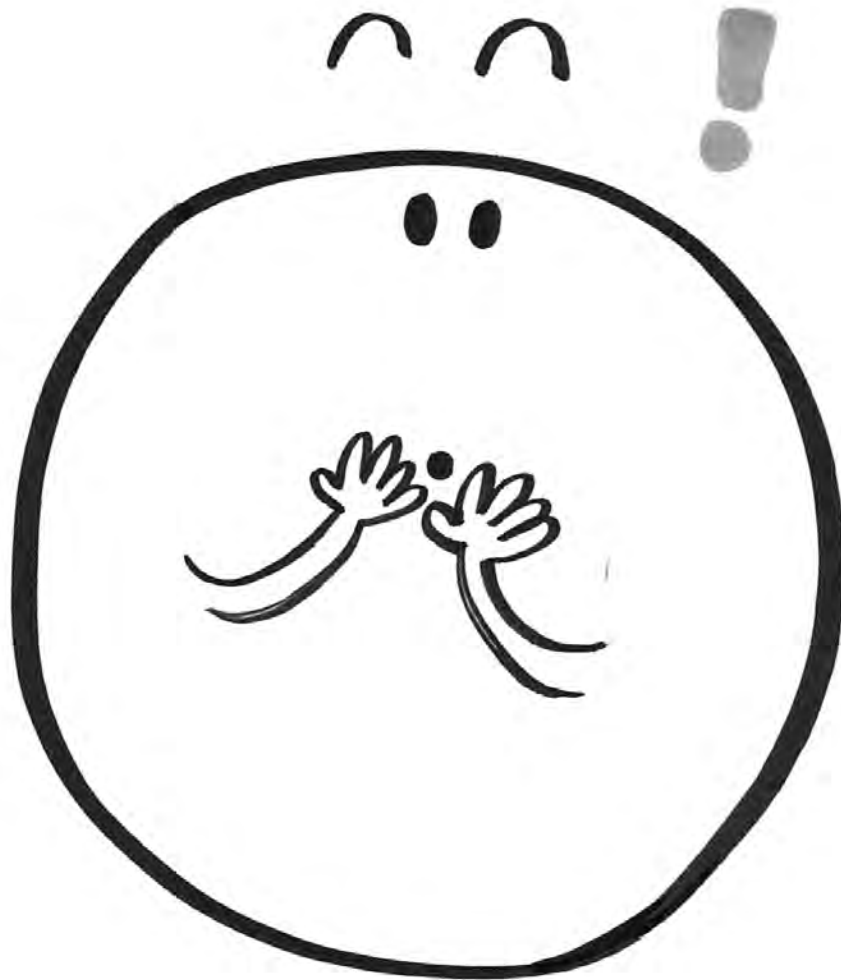
So . . . how many times have you loved
or wanted to love someone
only to have them disappoint you?



Have you ever wondered
what's up with that?



What if you knew
it has nothing to do with them
and everything to do with you?
How would that change your life?



Could you take responsibility for yourself
without blaming yourself?

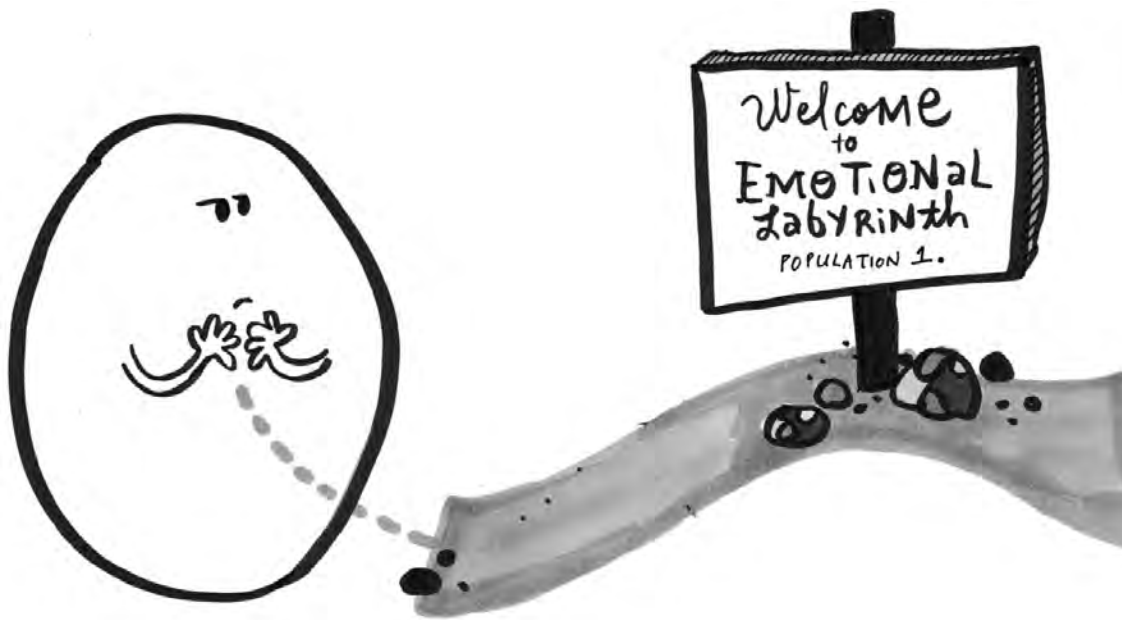
Would you learn what love
wants to teach you
about you?



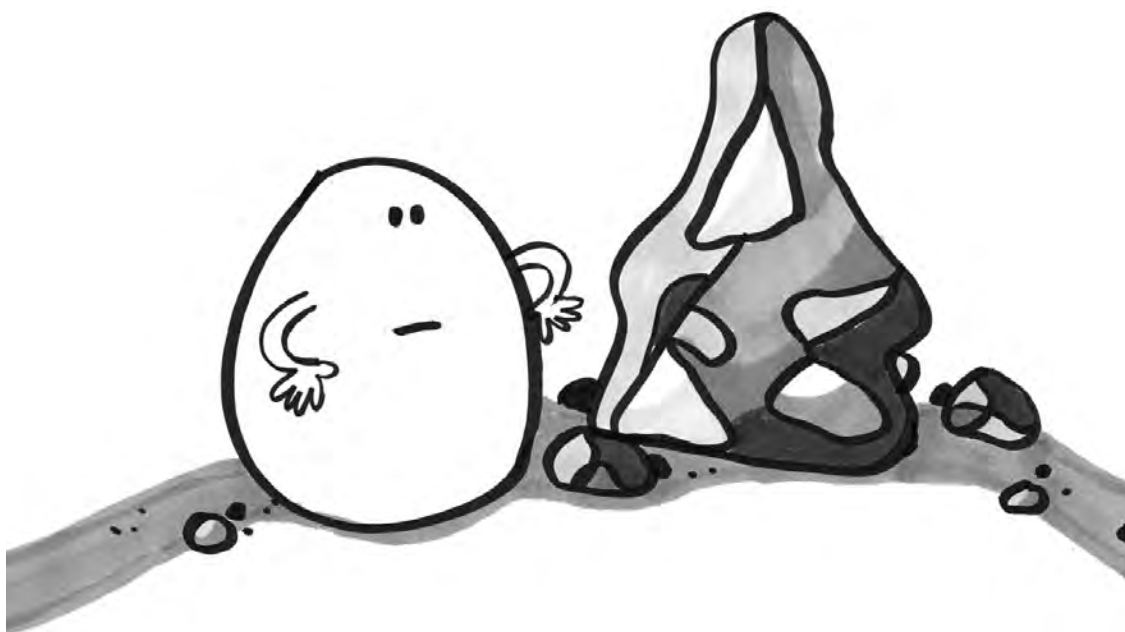
Because there are no mistakes.
You draw into your life precisely the
relationship that is perfect for you.
Every time. No exception.
Even when it feels awful.



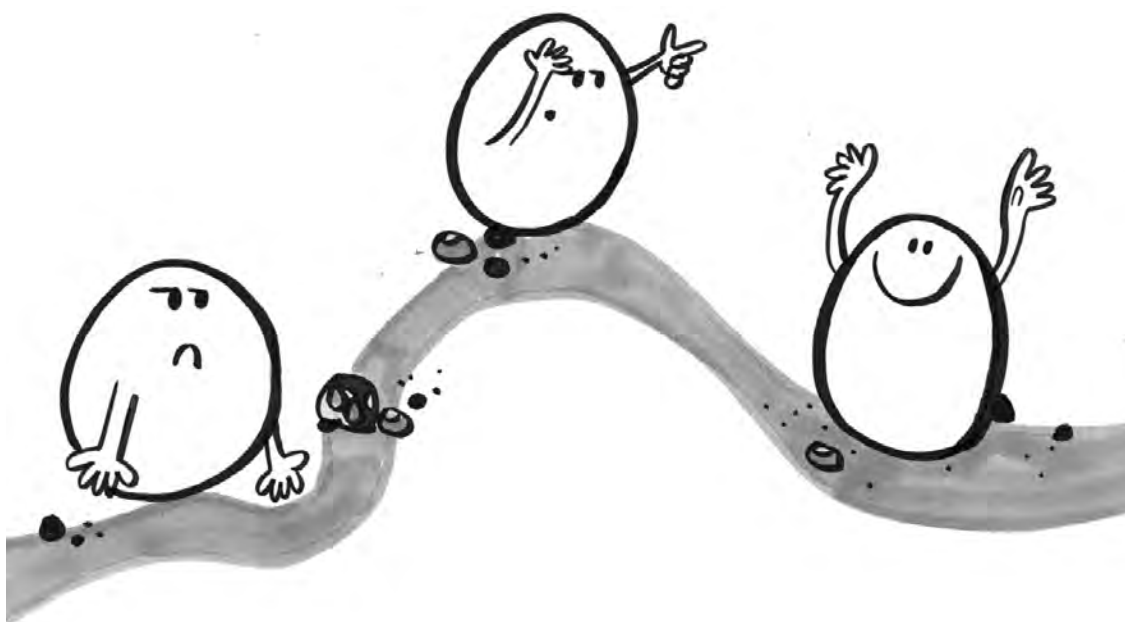
You can turn awful
into awe-full
when you know there is
an Emotional Labyrinth
you must travel . . .
within you.



The path is strewn with stones
you will need to clear away.

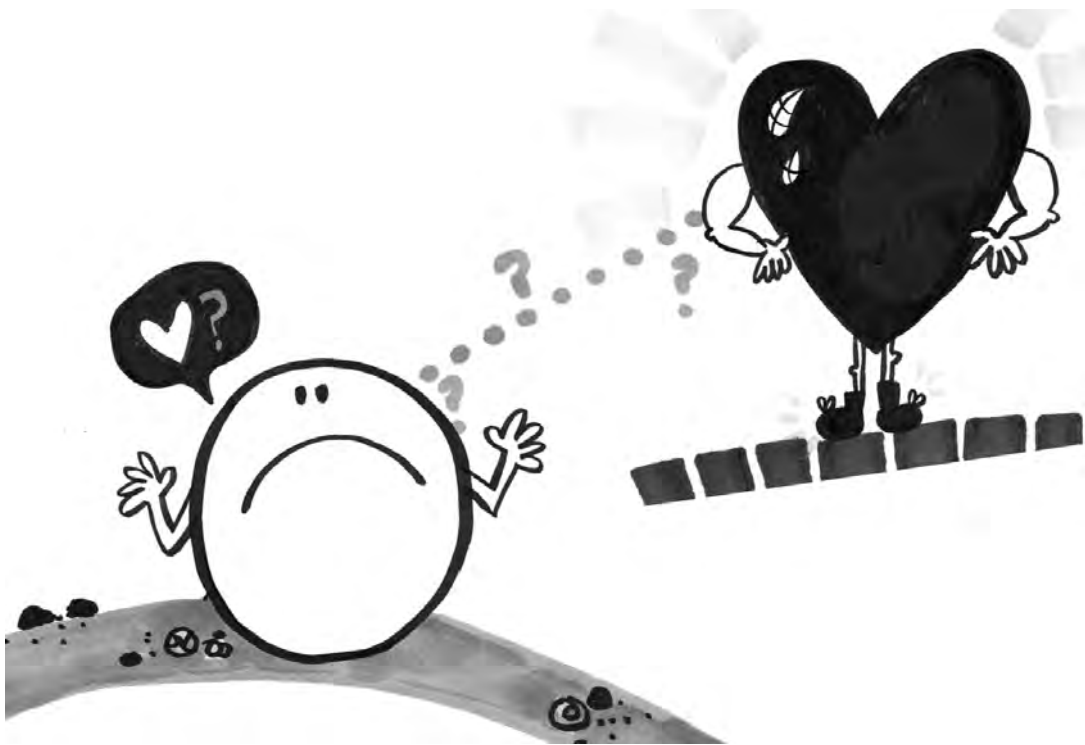


The steps you take on this journey
compose the life you make and
you are always travelling now.



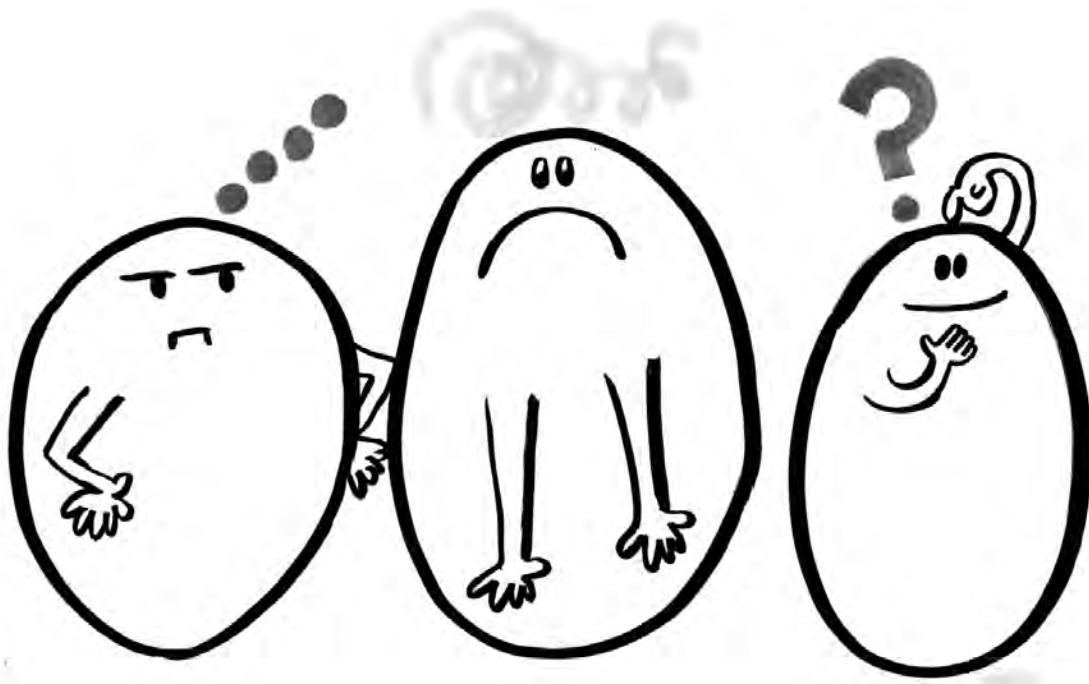
As you walk, you believe
you are looking for love.

And you believe this love you are seeking
will be found NOT in your inner world
where the path is travelled
but in the outer world
where you can see the other.



You will encounter dissatisfaction,
disappointment and disillusionment
which might cause you to wonder
why you are walking at all!

But the truth is
that you are looking for love
in all the wrong places.



The stones you stumble upon
will be feelings and you'll need to
learn what they mean for you.

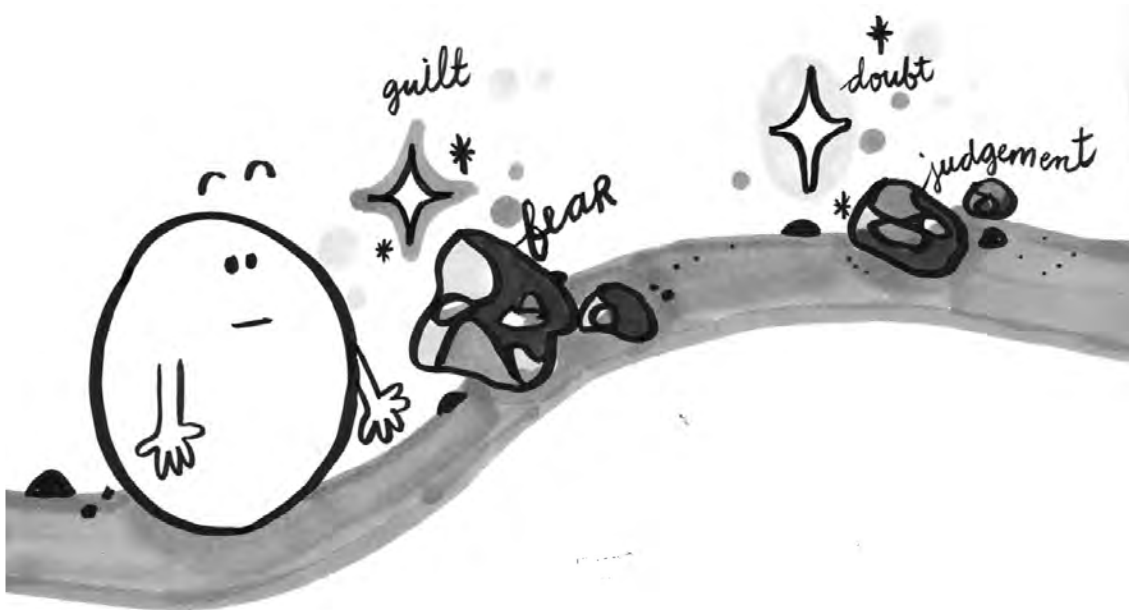
Emotions like fear, doubt, worry, anxiety,
resentment, and depression are common.

You may encounter judgement, competition
or hostility. You might have moments
of sadness, guilt or shame.

These are survival stones.

And they will trip you up!

But they serve a purpose.



When feelings
get your attention,
you will have
a wonderful opportunity
to know yourself better.

Because you do not need
to get stuck in any of these
emotional experiences.



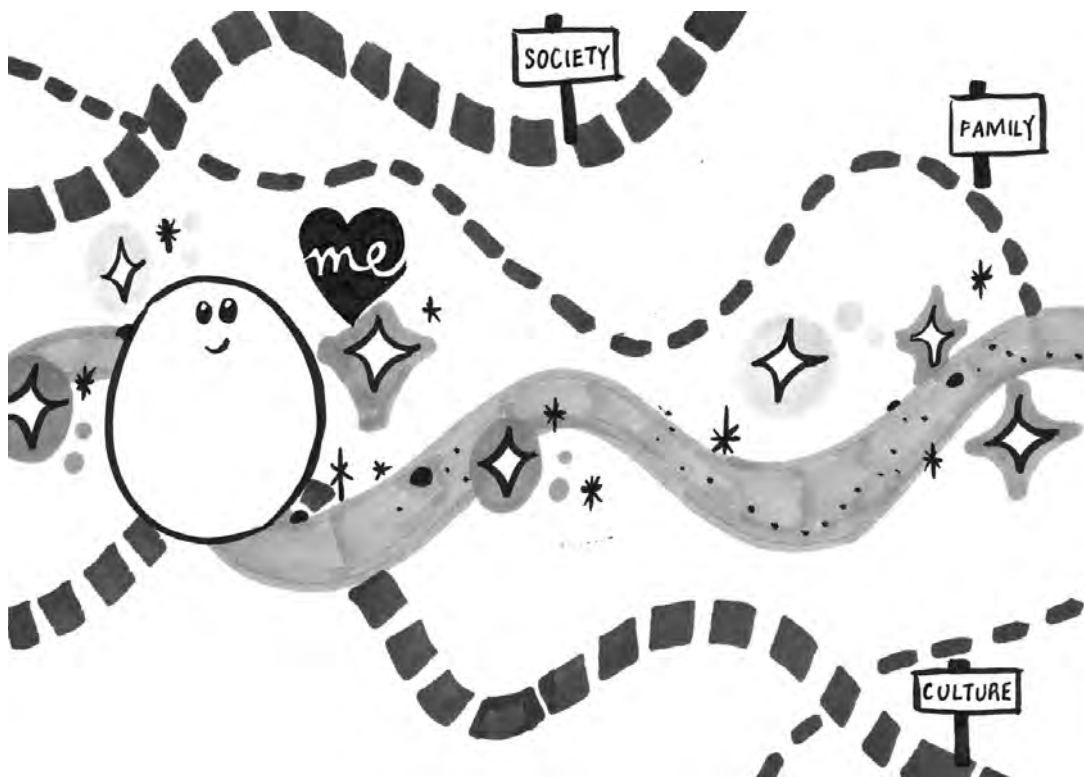
What feels like a rock
is only a block
until you get near it,
lift it, move it, and clear
your way forward.



Feelings will lead you through
storylines that live in you
but may not be yours.

How is this possible?

Well, you have inherited storylines
from your tribe – your family, society
and culture – and part of your job
as a human is to learn to discern
what IS you by learning
what is NOT you.



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