

THE FIRST DAY OF SCHOOL

BY ANN MARIE HANNON



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ISBN: 000-0-000000-00-0 (Paperback)

ISBN: 000-0-000000-00-0 (Hardback)

Printed in the United States of America.

Rustik Haws LLC

100 S. Ashley Drive, Suite 600

Tampa, FL 33602

<https://www.rustikhaws.com/>

Helping Children To Learn With This Book

All kids have “worries”, or sad thoughts, as they grow and learn. It may happen in kindergarten too. So, what can we do if a child has “worries” about that first day of school?

One way is the way Lila (her name is pronounced “L-eye-la”), the little girl in this book, handles her “worries”. She turns “SAD” into “EXCITED”, and it works. Another way to help your child handle “worries” is to read the story to your child and then ask your child to re-tell the story in your his or her words.

You can also ask your child to select a favorite part of the story, and to tell you why it’s a favorite. All of these ways can help to encourage a positive attitude about handling “worries”.

They are all “interactive” ways that can help a loving parent provide the encouragement and motivation that every child needs. Also, many words, like some in this story which are capitalized, are there, to help build a rich vocabulary.

If you believe in your child; your child will believe in you.

Warm regards,

Ann Marie, B.S., M.S.

Lila loved to learn and play.

She totally enjoyed her pre-school days.



Now it was time to start anew.

Her first day of kindergarten was coming true.



Some kids' moms would bring them to school.

But, other's, like Lila's mom, couldn't make do.



So, Lila got ready to meet her school bus.

She put on her school pack; did not make a fuss.



Lila knew she was loved very much by her mom.

So, taking the school bus; meant she had to stay calm.

Lila's mom told her, "I love you so much;

I know you are strong; and you won't hold a grudge."



But, on that morning, when Lila stepped down from her school bus ride; she had a frown.

She was met at the school, but she didn't know why, a tear had formed and she ALMOST cried.



She walked through the school hall to her classroom door.

Then, for some reason, she didn't "worry" anymore.



She had ALMOST cried, and you won't be surprised, when Lila wiped her tear, she turned "ENERGIZED".



Her “worries” had changed
into “focused” attention.

She turned “sad” to “excited” and
I just have to mention.

By turning “sad” to “EXCITED”,
she was wise.

Lila had chosen to “ENERGIZE”.



She entered her class.

She made friends.

Was polite.



She listened to Teacher
who said it was right
NOT to bring problems
or “worries” to school.

Just be “EXCITED”
and listen and learn,
and YES, always follow
“The Golden Rule”.



Teacher also asked all to be
“EXCITED” to sing.

If you join in and do that, it’s a
“HAPPY” thing.



And so, it is true, that when the
day ended,

there were loads of
“GOOD MEMORIES”,
and all those were **SPLENDID!**

I DID IT !!



Later, Lila got home, and stepped down from the bus.

She ran to see Mom, without any fuss.

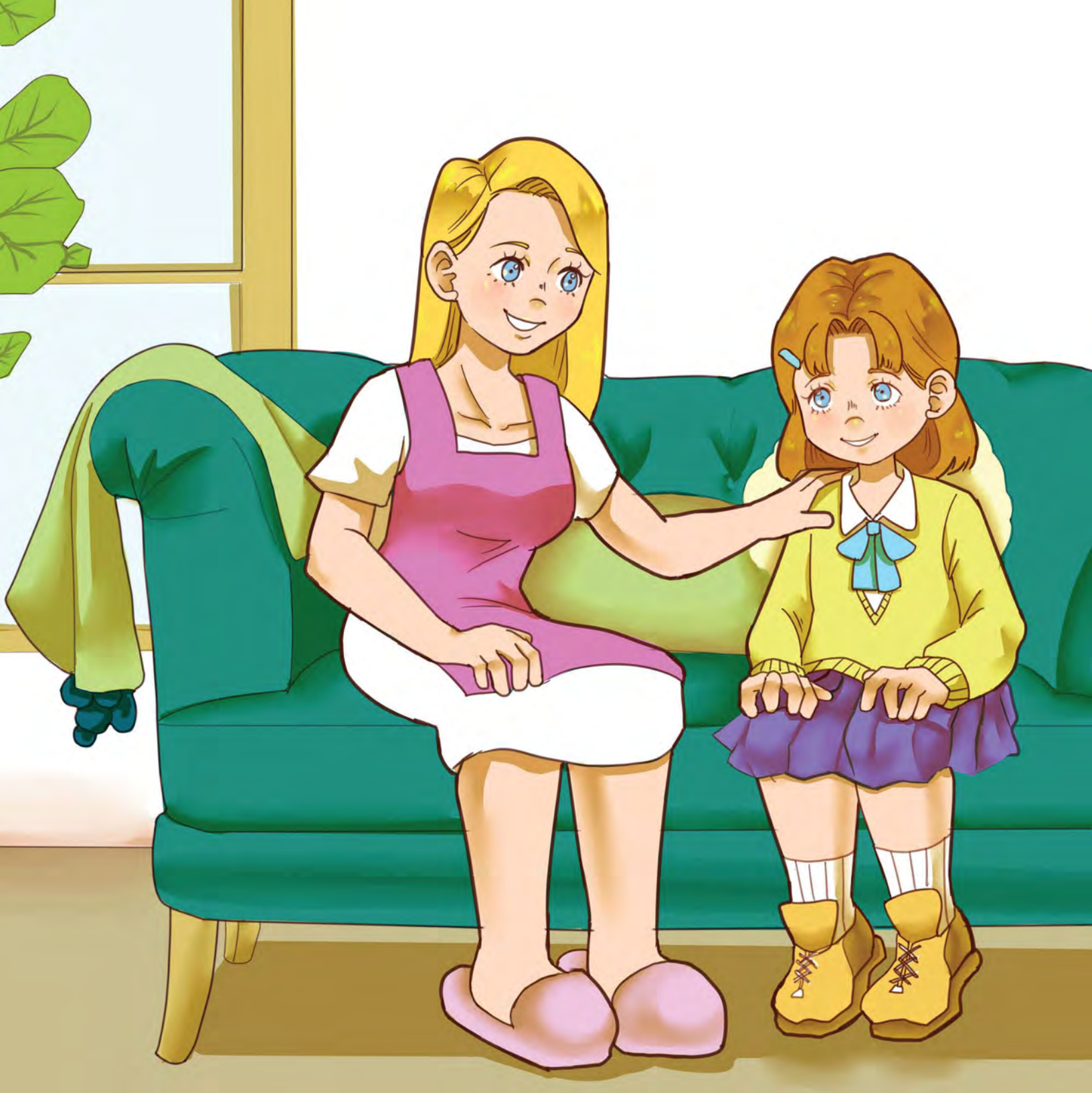


“How was your day, Lila?
I know you were sad.”

Lila looked quickly at Mom, and
smiled, and said,

“Yes, at first, I was sad; I missed
you so much.”

“Then, I turned
“sad” to “EXCITED”
and that helped a bunch!”



Next, with a big, jump that made
Mom surprised,

Lila sang out,

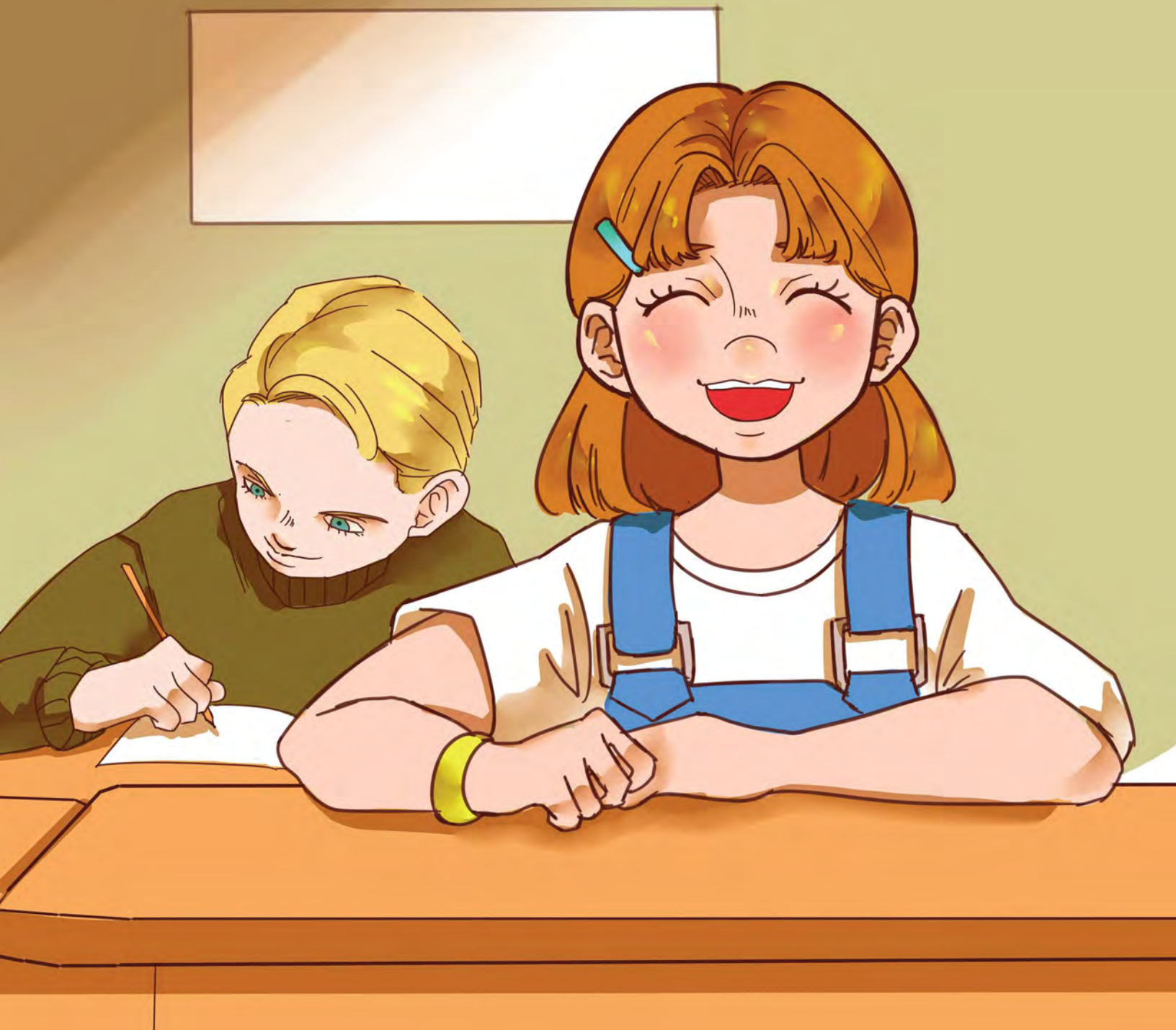
“SAD to EXCITED!!!”

“It made me ENERGIZED!”



Mom understood then.
That's just how it went.
From that day on,
Lila stayed calm and content.

She doesn't stay worried.
You can be sure.
She tries to stay happy.
That is the cure!



Now, if she's worried, you must know FOR SURE, Lila turns "sad" to "EXCITED" because that's the cure.



She's a smart little wonder, all
confident and brave.

So, whenever you're worried, do
not misbehave.

Think of Lila instead and how you
can win!

Turn "SAD" to

"EX - CIT – ED"!

Don't ever give in.



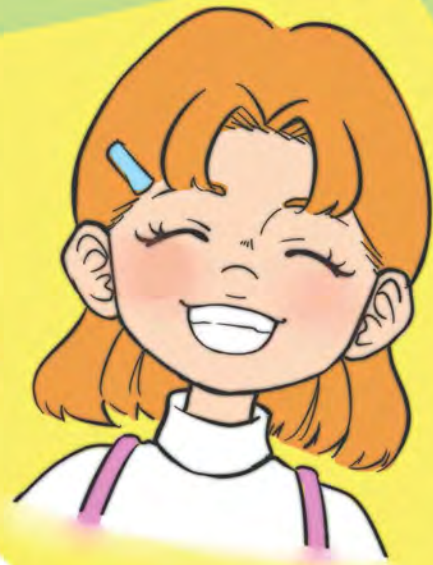
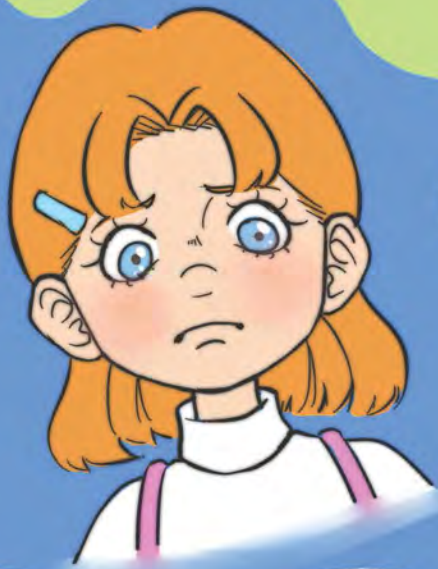
The End

EPILOGUE

I hope you've liked this story, and here's a picture to share with your child after reading it.

You can ask, "Which picture would YOU choose?"

It can help strengthen the message of this story, and offer insights.



WHICH ONE WILL I CHOOSE?

