

Forward

Those who know me will be wondering why I wrote this ebook. Some will, that is. Others will know very well why.

It is not that I am universally hated or that I have so many friends that I cannot remember them all. The fact is, I have made and lost as many friends as most people do in their lifetime.

That qualifies me to write on the subject because if there is anyone who knows his own strengths and shortcomings, it is I. Think about it. What person on Earth is more qualified to list your problem areas than you? Therefore I submit that the book is about me and you can read me into each example and problem description found herein.

By the same token, you can also read me into all of the suggestions of how to be a friend and how to keep friends. This is because I have proven the concepts that I write about in my own experience. You will find that much of what I describe is true or has been true in your own life.

At various times I have been the most likeable and charismatic person around. During these times I was surrounded by friends and had people seeking me out. Like most people, I let those times come and go without much thought.