

Finding Grace

A Quest for Truth, Love and Acceptance

Table of Contents

Preface	5
Dedication	7
1. The Fairytale	9
2. Born of Grace	15
3. The Crash	25
4. Hope and Loss	41
5. Exodus	49
6. Pruning and Purging	67
7. Miracles	79
8. Butterfly	89
Final Thoughts	101

Preface

When I was growing up, I wanted to be a superhero. This desire wasn't wrapped in a cape with tights and a secret identity, but as a child, I was determined and bold. I was eleven years old when I decided I was going to cure world hunger with a simple plan to create a superfood that would grow anywhere and under any conditions. In middle school, I set my sights on solving world peace, and in high school I was determined to cure cancer. While I may not accomplish these tasks, I do however believe that my life purpose is helping others.

Through these early life goals and my lived experiences, I have come to understand the woundedness of the world and the many people suffering. There are people hurting in vicious cycles of bullying, hate and suicide. I've wrestled for many years about how I could make a difference. In simple and varied ways, I strive to live a life where the people and places I encounter daily are better now than when I

found them. I encourage, cheer and coach people into living their best, authentic lives. When living my beliefs wasn't enough and I wanted to do more, it dawned on me that writing a book would be one of my "superhero powers."

The initial purpose of my writing was therapeutic, as I was suffering and needed to heal myself. I realized that if I didn't heal what hurt me, I would continue to bleed on people who didn't cut me. Over time, the book became a quest for my biological mother, but the writing didn't go very far because I didn't have the information needed to search for her. Ultimately, these two ideas for the book melded, and what emerged was something unexpected. I hope it inspires and guides people on a path of healing, celebrating life and living.

You can find my book on Amazon

https://www.amazon.com/Finding-Grace-Quest-Truth-Acceptance/dp/B0C87DH1YM/ref=sr_1_1?crid=YFVMSA6MWVI0&keywords=finding+grace+a+quest&qid=1687571695&srefix=finding+grace+a+quest%2Caps%2C136&sr=8-1

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