

“THE POWER OF A FLOWER (THAT HELPED SOLVE A WORRY)” BY Ann Marie Hannon

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[The Power of a Flower: Hannon, Ann Marie: 9798988589259: Amazon.com: Books](#)

SAMPLE

“Grandma please tell me a story I won't be able to go to sleep until you do.”

“Now, Samantha it is easy to get to sleep. I think that you just want to hear a story.”

“Well grandma I'm sorry to press you about it but I'm worried about something and I keep thinking about it even when I try to go to sleep. So that's why I need to ask you for a story.”

“Oh I see. You usually go to sleep easily but today you have a worry that's on your mind and you think that I can help with the story.”

“Yes, that's it, Grandma.”

Samantha was now sitting up in bed and Grandma Annie was sitting close by in a rocking chair.

" Well now that I know you have a worry, can you tell me more about it?"

“Of course and please don't think it's silly.”

“Why, of course I won't think that. Worries are never silly, and everyone has worries from time to time; even grown-ups,” exclaimed Grandma taking a sip of tea.

“What's important is to figure out how to solve your worry and that way you can get over it and you can move on. So now let's hear about your worry and I'm sure I will have a story to help you solve it too.”