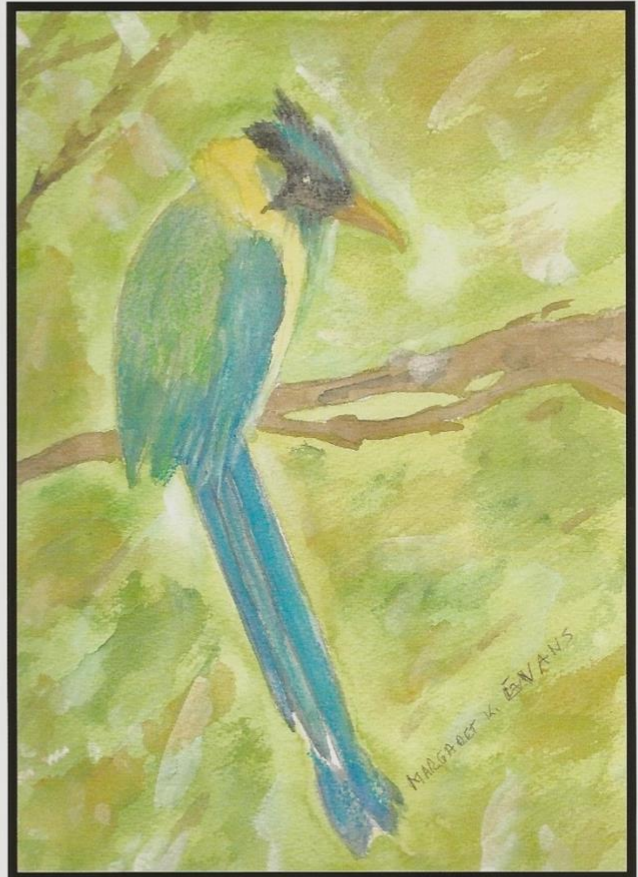


*Acquiring
self-esteem
helps us feel
good about
ourselves.*



Blue-Crowned Motmot

Watercolor 2023

It is hard to forget this impressive colorful
bird spied in Guatemala.

*Appreciating
many
environments
amplifies
our minds.*



Guanaco in Chilean Patagonia Mountains

Watercolor 2023

Located at the end of South America and shared between Chile and Argentina, Patagonia spans more than a million square kilometers with magnificent lakes, forests, and ice fields. Guanaco, fox, and puma relish protection in this area. It was a magical splendor in 1970. United Nations Educational, Scientific and Cultural Organization (UNESCO) has named the *Los Glaciares* National Park a World Heritage Site.