

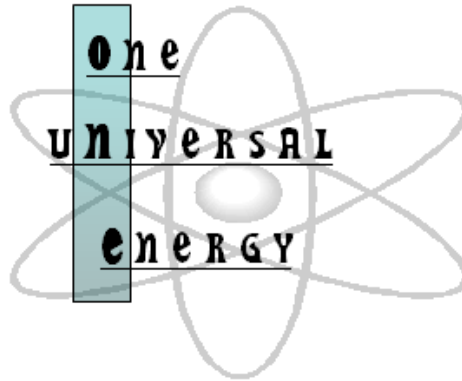
ONE Life – Love – Energy

By Vaughan A Jones



- One energy-Love - Self or one another?
- Controversial - open for discussion
- Thought provoking
- Stirs 'power political' & religious cobwebs
- A mindset twister
- Helps mankind face the atrocities of our past & heal the future

one LIFE ~ LOVE ~ energy



Special points of interest:

Our belief in **one universal being**

Controversial views on the current **world system**.

Overview of **brotherhood/sisterhood** among mankind.

The present world system—**how did we get here?**

Sharing **earth's resources** equally.

Money—**blessing or curse**, or neither?

Spiritual link

Religion, **power** & politics.

Democracy?

Publisher's note

One Life-Love-Energy

© Vaughan Jones 2008

Page design and setting: WriteItClearly.com

Book text set in Times New Roman on 14pt

First published in 2008 by WriteItClearly.com

Contact:

WriteItClearly.com

21 Ivydene, Knaphill

Woking, Surrey.

GU21 2TA

enquiries@writeitclearly.com

www.WriteItClearly.com

The right of Vaughan Jones to be identified as the author of this work has been asserted in accordance with sections 77 and 78 of the Copyright Designs and Patents Act 1988.

All rights reserved. No part of this publication may be reproduced in any material form (including photocopying or storing in any medium by electronic means and whether or not transiently or incidentally to some other use of this publication) without the written permission of the copyright holder except in accordance with the provisions of the Copyright, Designs and Patents Act

1988. Applications for the Copyright holder's written permission to reproduce any part of this publication should be addressed to the publishers.

This special e-book version of One Life-Love-Energy is for your personal use only and is not for resale or redistribution by any method.

© Vaughan Jones, 2008

ONE LIFE-LOVE-ENERGY

TABLE OF CONTENTS

ONE LIFE-LOVE-ENERGY's GOAL	5
BACKGROUND	6
The "ONE" Belief	8
Basic framework of mankind's recent history	10
One Life, One Love, Brothers & Sisters	14
Democracy—Is it really democratic?	18
Are we all trapped in the current system?	19
THE MALL ADDICTION	25
TV Rules????	26
A simple life?	28
Our thoughts produce our reality	31
Localizing community economies & support systems	33
Feel free to choose	35
Future releases & communication	37
Forums & members meetings	38

ONE LIFE-LOVE-ENERGY's GOAL

We wish to promote love, respect & goodwill among mankind, the Earth, Nature our Creator God, the whole Universe and all beings in it. We promote oneness in everything.

This is not “the” masterpiece in this field, I’m simply sharing my thoughts & revelations with you and pray for your valuable input, comments and your subscription.

Together we can make a huge difference if we choose to.

BACKGROUND

- We are searching for ways to improve **our ONE life**, not trying to provide the absolute solution; your participation is crucial & will be greatly appreciated.
- The founder of the ONE FOUNDATION, Vaughan Jones, has encountered these revelations over many years, has experienced a great deal of life's rich tapestry of joys, pains & disasters. He has practiced Christianity in many of its guises and has, for many years since, been a firm believer in God, but **refuses to belong to any sect or doctrine, or any formal religion.**
- He realized from literature he'd read that everything is made of the **same substances & energy**, the atom. Quantum physics goes much deeper.
- We are appalled at the **condition of life on our planet**, the manner in which certain powerful people ride roughshod over others to achieve power & wealth, in the name of God, democracy & Capitalism.
- We are appalled at the way in which mother earth, nature & the very air we breath is being steadily **destroyed for man's technological advancement & selfish economic greed.**
- With your support, co-operation & suggestions we believe that we can

change conditions for the better of our brothers & sisters and our
Mother Earth.

The “ONE” Belief

One Creation

Everything in the Universe is made of the same substance, including mankind. Mankind can't live without any one of the other elements/components on earth & in the entire universe.

One Creator - God

There's no question that all universal life was created by God, however you may term Him; Creator, Superior Being, Great Spirit, whatever you like. Whether it was performed by way of evolution, in whatever form, or not, doesn't matter, as it could not have created itself from nothing and without precognition by some-one.

We respect all religions but do not subscribe to any one of them in particular.

One Life -

All living creatures, man, animal, plant and inane, the elements, all share & live the **one life** together, evolving through space & time, through infinity toward the primary goal. Man is a privileged being, created by God in His image, but man is actually at the bottom of the food chain (so to speak), as we cannot survive without any one of the other components of universal life.

One Love -

Because mankind is the superior being on earth, as designed by God, he must respect & love all of life, all creatures, nature, and especially one another. It is our responsibility to care for nature and mother earth as she cares unquestioningly for us.

One Energy -

There is one core energy in the universe.

*ONE is for all and all is for ONE.
ONE energy inhabits everything & everyone.*

As the proton and electron revolve around the nucleus of an atom, the Earth and other planets revolve around the sun, Mother & children revolve around the Father in a family. This is like the Yin and Yang in Buddhists culture, good & evil which revolve around their core, life. Life is made up of cycles within and around other cycles

Every thing is a microcosm of a greater macrocosm, which is a microcosm of another macrocosm. Think of any eco system, you'll find hundreds of such microcosms all leading up to the greater macrocosm, nature.

Basic framework of mankind's recent history

It is not a known fact as to how long man has existed on Earth, but let's just go back a couple of millennia. In the recent years BC a number of cultures were already advanced, for example the Greeks, the Romans, the Israelites, the Aztecs to name a few. The Romans took over great areas and many countries/areas/cultures in the known world in the later years BC and early years AD, in fact they inhabited & ruled over Israel during Jesus' life.

I thought that **colonization** began when the European countries colonized Africa, but this was definitely not the case at all. People have been doing this since life began. We humans have been taking over areas of the world, we've been squandering the resources of the earth in one another's countries for thousands of years, abusing mankind for our own selfish greed.

The recent developments in the **Middle East** speak exactly of this, the Iraq/Iran wars with America, the fight against terrorism in Afghanistan & Iraq. Who controls the oil fields and the oil price? **Humans are slaughtered for ideologies & the price of a barrel of oil.** America supports Israel militarily against its enemies because this gives the USA a foothold in the Middle East and the resources in the area, namely oil.

Consider the 1600s AD, the English, Dutch, French & Portuguese landed on & **invaded the African continent**, warring with the native people, killing them en mass and taking over their land. Let's not major on the slave trade now, European countries enslaving the African people, which had already

been happening for quite a while before and during this time, but this is also a major influencing factor relating to this age in history.

Here's an arbitrary example:-

England/Great Britain rules in South Africa, a British colony, before she became a republic in her own right. GB invests vast sums of its huge wealth to develop industry, mining, agriculture and so on, but she knows she will make huge profits in doing so. GB was not doing anyone any favors. GB “owns” all the resources in the country, e.g. agriculture, industry, gold mines, coal mines, and a very cheap labor force, etc. This is a natural result of invading another culture's land.

GB ignores the plight & condition of the native people & decides its fine to put them in townships to work on the mines & in industry, farming etc. These people were paid a pittance and could only afford a very basic life. Remember that they had been banished from their natural living conditions, their kaaies or huts on open land with their own livestock and farming land. This farmland now belonged to any of the colonialists who had the power to claim the land for themselves, merely by virtue of the fact that they had invaded the area and “taken it over”. It must also be understood that **autocracy and theocracy** were the globally accepted mindsets & way of life at the time, except not by the African native people, they didn't know any better. They learnt the hard way.

Do you get the picture so far? Now at this time GB had already sent its Christian missionaries into remote areas to preach the “Good News”, teach the natives the **western lifestyle and religion** and heal the sick. Ironical, isn't

it? It smacks of America killing Afghans & destroying half of Afghanistan, then dropping food & health parcels to the suffering people once the “**war against terrorism**” was over in Afghanistan. This all in search of one man, Usama Bin Laden. It’s crazy, I think.

Its absolute political power mongering, world domination & control of the world/global economy. Of this I have no doubt.

Anyhow, back to GB ruling in South Africa. She exports several of SA’s resources/products like gold, diamonds, coal, maize, to the rest of the world, making an absolute killing in monetary terms. No wonder the British Pound is so valuable, Great Britain simply increased it’s wealth with each colony she established, not to mention her wars and crusades in various parts of the world.

It is clear from the above example that Great Britain was simply doing what the Romans & Greeks had done before them; seeking to achieve maximum advantage from taking control of as much of the world as she could, exploiting natural resources of the earth and the native people living in their colonies, in the name of industrial, technological and “religious” advancement. One good consequence is the advancement made in medical science which has & does benefit everyone. I cannot think of any other.

Do you not think that the millions of Africans alive before colonization would have been extremely happy to be left alone to live their natural lives as before? Unfortunately though, the world powers will attempt to swing their attitude more to one of gratitude for the introduction of the Western

lifestyle, “better health care”, economic system, world trade, etc.

Wouldn't millions of the resultant European descendants have been happier to have been able to, or have the choice to, continue to live in their countries of origin rather than to be left in a crisis as are many white South Africans at present, after “independence” in 1994?

Even though it is well covered up, “**reverse apartheid**” is operating in SA as it is elsewhere in the world. Are we paying for the sins of our forefathers? Now the black African people have been living the Western lifestyle for centuries, there's no turning back. Or is there?

Solution - Do we believe that the **G8 countries** are trying to mend the atrocities of the past. Can anyone truly pay retribution for the “sins of the forefathers”? Or do we press on regardless, full steam ahead with blinkers on our eyes, only seeing the winning post/end result, and ignore what mankind has done to mankind? Do we believe that Barack Obama being elected president of the USA pays for the past?

Are we our own worst enemy?

Readers thoughts & contributions will be appreciated and published in later editions.

One Life, One Love, Brothers & Sisters

The rock group U2 had it spot on in their song One, which I regard as a curve ball thrown at mankind, it's politics and it's religions, and especially it's inability to live peacefully with each other.

Some “specialists” want us to believe that it is in our nature to compete with each other. In this case, does it mean that God wants us to kill each other, tortures each other, war against each other, destroy one another's lives & future. Does God want us to exploit all the gifts from mother earth to harm nature & ourselves? I think not. **God's intention is for us to love & respect one another, living in harmony**, as opposed to the selfish gratification of striving for and achieving wealth, domination and power.

We all have love in us. We are even taught about love in church & by our parents, but how many people do you know who actually practice love & give all the joys & blessings that go hand in hand with it?

Even the predominant Christian churches **make love a mockery**. Take the crusaders and the French inquisition, the public executions, the burning at the stake of people who did not want to become Catholic Christians. Only because they renounced the Catholic teaching that Mary is the mother of God and that the communion host is the living body & blood of Jesus. Now, this was all done in the name of God & Jesus & “His church”, all for the betterment of mankind, according to the Pope of the time. Nonsense, this was all done with the goal of **achieving political, monetary and religious**

power. Power mongering at its best/*worst*.

Similar atrocities are committed still, but in much subtler ways, through economic manipulation, The United Nations, the **Vatican**, the oil powers, world bankers, **World Monetary Fund**, World Trade Centre, **NATO** etc. And if these means fail, the powerful threat of military enforcement is introduced, first as a threat & then as an assault if deemed necessary.

Are you not appalled at the control being exercised over the world by “**The Powers That Be**”?

In more recent times the newer of the **Christian doctrines**, in the form of the **Charismatic branch** (the one started in the USA by K Hagan & cronies), arose and attracted a huge following. The hidden trick however is that the church insists on the congregation paying their tenth to the church very month. Very nice if the church is in the more affluent suburbs, don't you think.

Imagine if there are two thousand members of a church, thus 500 families, thus 1,500 people that have a profession or work for some-one and earn a living. Let's take R4,000.00 as an average salary in South Africa. This means that the church leaders will be collecting about **R600,000.00 per month**, tax free. **WOW!!!!**

Members are taught that if they pay their tenth as they should, they will enjoy abundance, health, wealth and prosperity because Jesus said, "I wish above all things that you may prosper and be in health....." The leaders

refrain from quoting Jesus as stating, “..you will always have the poor & sickly among you” in a different gospel. Quite a contradiction, don’t you think?

I have personally heard sermons covering the *FACT* that if you do not pay your tithe & give to collections, you shouldn’t wonder why you are sick or poor, not prospering.

This was the prosperity doctrine at its fever point. All I can say is “I presume they meant well”.

Is this another form of entrapment? One of the greatest scams ever?

During the second world war Hitler met with the Pope of the time, Pius I think, and a couple of his cardinals to discuss the war, religion & future religious matters once Hitler(Germany) had won the war and taken over the world. The agreement was a physical document, **a concordat, signed by Hitler and the Pope**, agreeing that the Roman Catholic Church would be **the only recognized Christian church**, or any religion for that matter, in the world. And this would be enforced by Rome & by Germany.

It’s all part of the **great human con job**, to exploit mankind, the earth, the atmosphere for selfish satisfaction of greed & attainment of **political & economic power & control**.

Below is a quote from the U2 song ONE, it says it all in a nutshell in my opinion. It spells out political & religious oppression as opposed to being one & caring for mankind.

“We’re one but we’re not the same,

We hurt each other then we do it again,”

From another section: “we need to carry each other”

Please listen to this song, it touches me deeply if taken in the context of my writing.

I have barely touched on this subject, there is a lot more to say about it, which will be covered in more depth in future issues of the magazine which will follow this Ebook.

Please send your views & contributions.

Democracy—Is it really democratic?

Let's just touch on this anathema or misnomer. I believe that democracy is simply another form of world domination, instituted by the US & its allies, to force the world to conform to its devious methods of attaining control of the world, all its people, resources and economies. I wonder if it's not simply a case of the UK attaining what it originally wanted via her powerful allies the US, UN, World Bank etc.

Democracy creates the idea that every person is king and has his palace, he also has a say in the running of his country and an equal say & right regarding anything. Otherwise it's just not democratic. *Right??* It is actually a fake system which cannot work, it is a cover up for the truth that the world is actually governed centrally by “the powers that be”, whoever they may be, and the governments of individual countries are simply pawns in the whole process.

Your views please, this is a huge subject, not just a conspiracy theory

Are we all trapped in the current system?

On the whole, I'd say we are trapped into living our lives on earth, unless some-one has found a cheap way to escape to outer space. Even then you'll have to come back some time as there's nowhere else that we can live & survive, yet. Our motto is "do the best we can to advance ourselves as the human race in love & harmony, always making the best out of the given circumstances, with the best possible attitude."

Let us deal first with some hard-hitting facts.

- **The ozone layer** is damaged irreparably (I believe) and climate change is in progress. What with all the ***recent catastrophes*** like the tsunamis, earth quakes, volcanic eruptions, typhoons, etc. Is this Mother Nature trying to balance herself to ensure our future survival?
- ***Mankind has defaced the earth*** by way of mining & construction of roads & cities. Just think of the destruction done to the earth's crust due to the mining of oil and other minerals.
- **The oceans & seas are damaged** to the extreme due to oil production, fish mongering, etc. Fish life is destroyed caused by the shifting of currents which is also one of the causes of climate change.
- **Global warming & global dimming** also play their part in

destroying nature, caused by all the poisonous emissions from mines, industry, etc.

- *Wild life* is becoming extinct in many areas because there is just not enough space for the animals and because of the climatic changes taking place.
- By and large the world is way *over populated* now, and it will get worse. There is a shortage of water already, but I believe that by the year 2020 there will only be enough water on earth for half the earth's population. This is catastrophic.
- The *world economy* is a catastrophic mess. We live in a false economy, as designed by the Global Economic forum, world bankers, the World Monetary Fund, World Bank, the stock market. All of these controlling bodies & other such organizations use economic factors to manipulate countries through sanctions, boycotts, war or the threat there-of.
- The *world's wealthiest citizens* make up of 20% of the world's population. They possess 87% of the world's wealth. Therefore, 80% of the world's population possess only 13% of the world's wealth. This fact blows my mind completely. Don't we all have a basic human right to a fair share of the Earth's resources or equivalent value as represented in monetary terms. Or do we simply trust that "the powers that be" are apportioning the net worth of the Earth fairly among us, based on some wise equation.

Mmmmm? I think not.

Imagine this:

Country A is interested in the oil of **country B**.

Country A causes civil unrest in **Country B** until **Country B** is almost in a state of civil war and the government is on its knees.

Country A offers **Country B** arms & ammunition at very special prices, some even for free, attached to a special loan agreement
Civil war breaks out, **Country B** is basically bankrupt & cannot repay the loan to **Country A**.

Country A offers to take over **country B's** economy, industry, monetary fund & mining as a special favor in repayment of the loan.

Country A now basically owns **country B** as intended, including its people & resources, & can profit from it as she wishes.

Have you experienced this type of catastrophe? Have you noticed that it even takes place at present? It happens all the time, just think of countries such as Afghanistan, Iran, Iraq, Zimbabwe, Maputo, South Africa, Angola, Lebanon, Darfur, the list goes on & on.

The monetary system is another topic that I find very interesting. Is money real? Does it represent my worth? Does it represent the value of gold bullion held in any country's reserve bank? What does the world

economy's value represent? Are we living an honest economy or a fake one? Do we presume all is in order in economic terms, or do we distrust the "powers that be", as I do?

Money's history & current system This is extremely startling and informative, read it. This EBook can be obtained on [www./revolutioniz.com](http://www.revolutioniz.com).

What is money?

Is it worth the paper it is printed on?

Are you sure that your \$10 dollar bill represents \$10 worth of gold bullion?

If there is a sudden collapse in the world economy, what would your money be worth?

THINK ON THESE THINGS.....

The Global Village is another disaster busy developing. Wouldn't you agree that it is just another form of colonization, the countries of the world being controlled centrally by "the powers that be", and their economies set & adjusted at will by the UN or World Bank? I believe so.

All forms of individuality are being stripped; even our national identities stripped as the **European Union and African Union** become more prevalent. Don't you see? It would be much easier to rule the world

centrally across five continents rather than have to deal with hundreds of unique, individual countries. A single currency would also assist in making it easier to manage the one world economy.

Do you think that the world is being controlled & governed fairly for the **benefit of mankind**? I don't. Maybe I'm way off course here. Trust me please, I'm not a conspiracy theorist at heart, but something smacks terribly off to me.

The capitalist system—this is the right system, to a certain extent, but has a couple of flaws embedded in it, as most or all systems do. The biggest problem is that almost any system can be exploited. Capitalism promotes competition to the extreme.

It automatically puts the **consumer at a disadvantage** and it creates the slogan," the rich get richer & the poor get poorer". As for competition, it invites the steam roller effect to be used on the weaker members of the economy, in every field; manufacture, distribution, warehousing, wholesale, agent, retail, consumer and so on.

In the **New World Order**, how about the killings **the banks** make with our cash. We are charged ridiculous bank fees and finance charges so that the banks can invest our cash in stock & forex markets all over the world, growing their own wealth. Are we controlled by the world system? I reckon so.

We wonder why **prices are so high** for standard monthly requirements such as groceries, meat, fish, toiletries, household cleaning materials, etc. Besides the ridiculous rise in petrol price and interest rates, it is because the market is monopolized by the well known chain stores and retail giants.

Since **urbanization** & the forming of towns & cities, certain bright retail opportunists have climbed on the bandwagon and prospered tremendously, at the consumer's expense

Advertising and marketing—Billions of dollars are spent every month on marketing & advertising. Have you ever wondered who pays for it? I'm a sucker because I do, and so do you, it's included in the price of everything we purchase. Professional sports teams are sponsored by big business.

A banking group, for example, may be the sponsor for the national soccer team, to the tune of twenty million SA Rands per year. Now, you may hate the game of soccer, totally meaningless to you, but you pay for the existence of the team by purchasing your monthly groceries at the chain store. The team manager is paid in excess of a million rand per month. The coach is paid in excess of two million rand per year. Is this OK? Mmmmmm? I think not.

THE MALL ADDICTION

Then there is what I call “***THE MALL ADDICTION***”, to which 90% of the world’s population is hooked.

Haven’t you ever heard people saying the likes of, “the prices at the mall are so high, I can’t believe that I still buy my supplies & clothing there”, but the very next day you’ll see them there again. WHY????

Its because they’re hooked, they like the bright lights & colors, fancy shops, cinemas, bowling alley, restaurants, etc. They like to be seen there, especially at certain hot spots which satisfy their snobbish trait, or just to impress some-one.

TV Rules????

Television is the most powerful means of mass communication worldwide at present.

Television dictates the trends that we live our lives to. Female, black and disabled bosses & supervisors are much more prevalent today as compared to the past. Don't get me wrong, some of this is good. This is only one example of the means used by "the powers that be" to change the mindset of the world population.

But it's as designed by "the powers that be", instructed to its fledgling governments, and the mindset is spread through television & cinematic stories until the *virtual world* materializes & the lifestyle is set in the minds of the people of the new "*democratic*" world.

Have you noticed, by way of radio & TV **advertising**, that the simple toothbrush has been extensively researched for the past forty years? (Of my life anyway). Every time a new toothbrush is released to the market one hears the same thing, "after years of extensive research & laboratory testing, the latest "*GUMBOIL*" toothbrush has been manufactured and will be released to the world next week".

Wow, this sounds exciting & I'll just have to buy one for each of the family members. We fall into this trap so easily like sheep led to the slaughter.

This is simply **advertising cow dung** that you & I pay for every time we buy a new toothbrush, not to mention all the other products we buy daily & monthly, thus paying for advertising & marketing. We pay far too much for everything we buy, and then we have to see & hear all the adverts on TV as well. *Are we OK????*

It is absolutely crazy. We pay for the advertisements ourselves. I sometimes wonder to what extent we've been had and, unfortunately, we've hardly taken any notice of it. We just press on ahead, living our "normal lives", blindfolded.

But we are the other party in the economic system, **the consumer**. The capitalist, or any other system, would emphatically not function without us. **We do have a choice.**

It is actually a case of **consumer rules**. If we boycotted the retail system until they met our pricing standards, the monopolies would have to comply or shut down.

We choose to shop at the mall and at the expensive shops. We don't have to. We don't have to pay R7.50 for one loaf of bread, we can simply boycott the shops charging so much, and bake our own until the retail sector has learnt the lesson. Retailers will then have to source the bread at a much reduced cost from some-one who sources reduced cost of raw material and runs at lower operating costs.

A simple life?

We wonder why a *simple life* (as we call it) costs so much money and entails so much suffering, stress and strain. It's because we live lives of absolute 'luxury', those of us who try to afford it. 99% of the world population would love to have it. Top job, the latest in fashion & gear, the latest car and modern house or apartment, with an horrific bond to boot.

There aren't many homes that don't have TVs, VCR machines, DVD players, CD players, music centers, a library of CDs and DVDs, coffee machine, microwave oven, a host of cellular phones, the list goes on & on. These aren't requirements; these are pure luxuries, which we choose to ***not*** live without. Or we believe that we must have them; otherwise life just ain't worth living, right? ***Wrong!!***

Everything we need to sustain our natural lives exists in nature. The problem is that we choose to live fake, "virtual", digital lives. We're surrounded by radio signals, TV signal, radar signals, satellite waves, sound & many other waves which support the fake life we live and the NEW WORLD ORDER.

Our children learn to live fake lives, believing that what they see on TV and in the movies is real, and base their lives on it. They even speak like the soapy actors & film stars. They presume that the 'American dream' lifestyle relates to the whole world. Dangerous!

We pump our bodies full of toxins, poisons, unnatural foodstuffs, alcohol,

and chemical medication (some need medication granted, not most people though). And many people take hallucinatory drugs as well, or smoke.

And then we wonder why we suffer. I speak for myself here too; I'm not perfect or immune.

The waves that carry the cellular network signals surround us & travel through our bodies twenty four hours per day, every day, are harmful to our bodies. We wonder why we are physically & mentally ill, stressed out to the extreme, mentally stretched and tired.

The current lifestyle is hell on earth and it is not a ***SIMPLE LIFE***.

SOLUTION? - APPRECIATION. An attitude of GRATITUDE FOR nature & all we have.

Often I feel trapped, paralyzed and exhausted, wondering what I can do to revive myself & release the tension in my mind & body. It must be those negative thoughts dominating my mind.

I find it wonderful to go out in the garden, or open field, or forest and sense nature surrounding me with all its beauty & splendor.

Granules of soil slip through my fingers, I feel the very air I breathe, smelling succulent plants & foliage, hearing & listening to the sound of birds, crickets and all great and miniscule living creatures in my midst.

The thought that all these natural entities are made of exactly what my body is made of, living cells, which contain the basic form of life, atoms.

In the rush of modern life, this may sound very boring to most, but it works for me. It takes me back to basics, the wonder of God given mother earth and nature, and reminds me that I am in fact nothing in comparison to it.

When I look into the heavens at night and observe the tiny part of the universe that we can see & inhabit, I stand in awe at the thought of my insignificance in relation to it.

I begin to realize how strongly I am in favor of real life & real love, being one with all life, even with my dogs. I often wonder how anyone can value a 57 inch plasma television, and many other materialistic possessions, much higher than these natural God Given gifts.

This brings to mind something that Jesus said, “....consider the lilies in the field, they do not toil or strive, knowing that all their needs will be met by My father in heaven”.

Doing these simple things revives me, brings back the “attitude of gratitude”, and gives me some strength & hope to live another day.

Our thoughts produce our reality

You want to be in a rage? No problem,.....You choose.....

How true is this premise? Have you ever considered that “*thoughts produce things*” (as taught in The Secret). Whatever thoughts dominate your mind, you get in reality and you are forced to live with the consequences.

Thoughts can be measured electronically; they have substance and are extremely powerful. Thoughts manifest in our bodies and in our active lives. Remember one thing; if one thinks about committing a sin against another, the sin is already committed before the actual deed is done.

What you think is what materializes in your life every moment of every day. Wow, this was a revelation to me. I, like most of us, believed that my life was governed by chance and that I was fated, or predestined to enjoy and suffer the consequences of my set life path.

Learning to set the parameters that determine my life’s experience by changing my thoughts & mindset overwhelmed me, how about you?

So, if we accept this concept, how powerful would consolidated thought be? Could we use it to produce a more harmonious existence in the world, in our country, city, town, community and home? I believe so.

Imagine if thousands of us, who believe in this concept, agreed to each send a blessing of love across the world in our daily time of prayer and/or meditation. Surely this would have a ripple effect and produce the desired result of harmonious life on earth.

If we were to communally think the same thoughts throughout each day we would be setting an example to the rest of the world to follow.

Remember, you can make a difference by changing your life, by changing your thoughts and, when others see the results, they will automatically want to follow suite, to produce the same result in their own lives, thus our ONE LIFE.

Localizing community economies & support systems

In order to avoid the monopolized retail system and outright control from the globally controlled economy, I've had a thought, a dream really. How about I mobilize my community to build up its own economy in terms of we support each other whenever possible. All ONECOM members support our own community economy at agreed mutually accepted, reasonable prices.

For example:

- The lady next door to me bakes bread daily and the local community buys from her.
- My wife sews new garments & mends clothing, my neighbors buy clothes from us & use her mending services.
- A local farmer joins our ONECOM community and we support him by purchasing his fresh produce and dairy products.
- A mechanic repairs and services vehicles in his garage, we all use his services.
- The local butcher agrees to service the community at reasonable prices, a local pharmacist agrees to offer his medical services and medicines at agreed prices
- A local doctor & dentist follow suite.
- A local electrician also joins the group.
- I offer my accounting and project management services at reasonably

agreed rates.

- In this example, each unit of currency will circulate within our own economy nine times before it will be spent outside our community. This will strengthen our own economy and community welfare and support structures will be able to be put in place.

In this way we would not be totally dependant on the current world system/economy, i.e. global economy, retail monopolies, foreign exchange control, and the like.

This concept would then be able to be expanded even further, covering a broader field and area, as time progresses. It would just take commitment from the community and a communal sense of wellbeing, love, brotherhood & sisterhood among us.

Who knows, this concept might take hold & even grow internationally. As they say in the classics, *'stranger things have happened'*.

Please contribute your views and thoughts in this regard to email address: onelifelove@gmail.com and to the ONELIFELOVE forum at myfreeforum.com - all feedback is greatly appreciated.

Feel free to choose

We plunder earth's treasure for our own pleasure,
Exploit all the gifts in its core.
We adorn ourselves with nature's fare,
Stressed out and believe life is so unfair.
We war, we kill, we manipulate and dominate,
Power's our aim, control without constraint.

We have no choice; we cry wolf en masse,
Feel free to choose, we are the wolf, alas!!

Media footage that'll blow you away,
Economic leverage to change world sway.
Democratic change where none is wanted,
Global political wrangling is rife.
Rate of change in exchange rates is wild.
The global economy's at war with itself.

We have no choice; we cry wolf en masse,
Feel free to choose, we are the wolf, alas!!

We love, we hate, we constantly frustrate,
Fear and revenge our lowest state.
The human's an animal of reason it's said,
But the animal in human's the worst kind instead.

Who's the next one-world power for us all,
Aren't we controlled and nailed to the wall.

We have no choice; we cry wolf en mass,
Feel free to choose, we are the wolf, alas!!

We're slaves, masters, paupers and kings,
Masters of our own destinies we think.
The human animal destroys all and kind,
The animal in human's the worst you'll find.
Freedom of expression, freedom of choice,
We have no choice, we shout with one voice.

We have no choice; we cry wolf en mass,
Feel free to choose, we are the wolf, alas!!

Future releases & communication

Once this E-Book is in circulation I will be issuing a monthly **ONE-LIFE-LOVE Ezine** (electronic magazine) providing further articles, news, developments and interesting topics relating to the **ONE-LIFE-LOVE** belief & members.

By purchasing this EBOOK, you will automatically be registered as a member of our group. The monthly Ezine will be available at a recurring monthly fee of \$4, or an annual fee of \$40.

Forums & members meetings.

You are invited to attend members meetings and join membership forums, please email me for details in your area. If anyone has started a forum or discussion group in this regard, please let me know.

Thank you for sharing these thoughts with me, I believe we can make a difference to life - together—ONE.

Sincerely,



Accountant, musician, composer and a soulful thinker.

Visit our ONE-LIFE-LOVE-ENERGY website at www.geocoties/onelifelove.com

Email your thoughts to me at onecreation1@gmail.com

Vaughan Jones.