

FAMILY & RELATIONSHIPS / Love & Romance

US\$14.95 / £8.45

Life After Your Lover Walks Out A Practical Guide Lynda Bevan

Life after your lover walks out: A Practical Guide, is an honest, straightforward book that helps the reader through each step on the road to recovery. The book identifies the feelings that emerge during this emotional upheaval and offers a reservoir of alternative solutions on how to deal with these emotions.

When your lover walks out there are many questions that the reader will want answered, before being able to accept what has happened and move on in life without the support of their partner. In this book every issue is openly talked through. Nothing is left to chance. The journey of self discovery is handled sensitively, and is an essential passage in moving on from an unhealthy relationship to a healthy emotional future.

The book can be read in less than two hours. It is written in a short, condensed style so that the reader can focus on the issues they are facing, rather than reading pointless case studies that can detract from the core of the problem in hand. This book encourages the reader to open their eyes and accept what has happened, and to see this negative situation as an opportunity for personal emotional development.

"This is a well thought out, useful little book that is an excellent guide for those recovering from a broken, long-term relationship."
—Robert Rich, PhD, M.A.P.S., author of *Cancer: A Personal Challenge*

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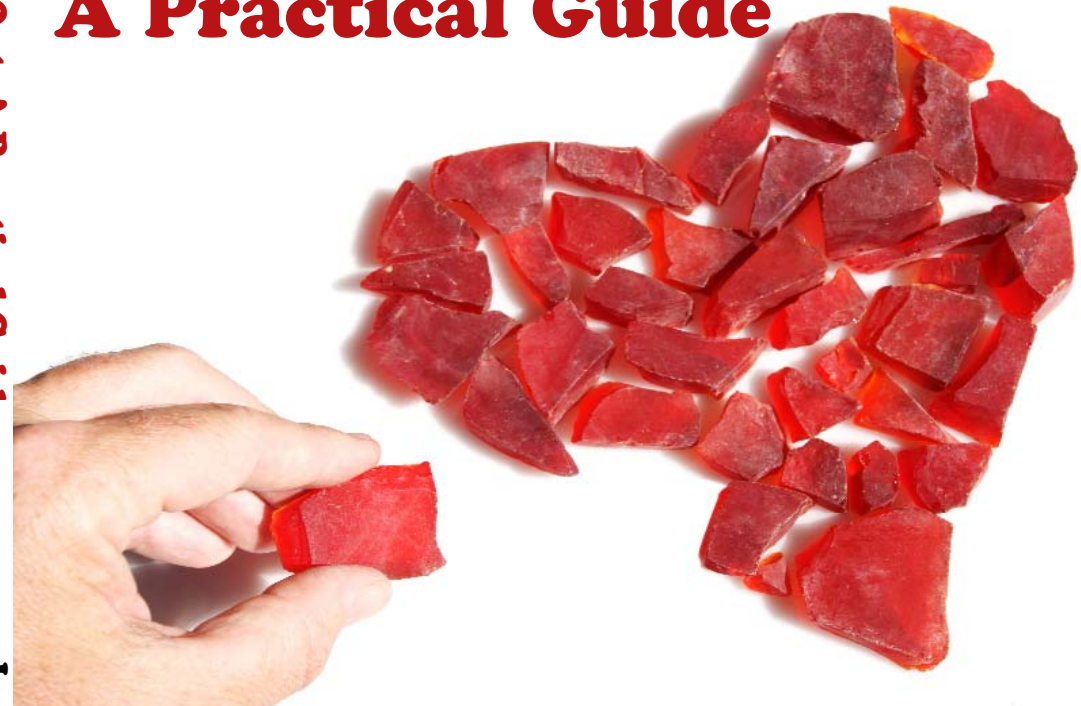
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