

**A**s children, we are prisoners to our surroundings. The nature of the people and visuals we see day in and day out are all we know. We don't have a clue what is beyond our realm of existence, and so it is difficult to break out of this sphere. Because of this natural shell, we often choose to stay within the comforts of mediocrity. But God has much more in store for us! All we have to do is choose to break out of this pit and follow His direction. How do we do that? Frances Seymour reveals the irony of mediocrity and its entrapment. Providing examples and encouragements from her own life, as well as poignant questions to meditate on and journal about, she shares simple yet effective ways that we can choose to move forward—to break the grip mediocrity has on our lives. Frances lived and learned many of these life lessons the hard way. *Mediocrity to Maturity* is as a personal journey through despair that will teach you how applying faith leads to repair—even in the midst of terrible loss.

The combination of poetry and prose makes *Mediocrity to Maturity* a joy to read...

—Janette H. Trull, Educator, Union County Public Schools

...a mighty fine follow up to the other works penned by Frances Seymour.

—Rev. Lee A. Davis, Senior Pastor,  
Benton's Cross Roads Baptist Church

FRANCES SEYMOUR spent two and a half years in Atlantic, North Carolina, helping people rebuild homes and lives following Hurricane Isabel in 2003. Today she is actively working and serving alongside the North Carolina Baptist Men and the Baptist Children's Homes of North Carolina, where she and her husband are on-site coordinators in the construction of Camp Duncan, a wilderness camp for girls.

Religion, Christian Life, Inspirational

978-1-61663-256-4

\$14.99



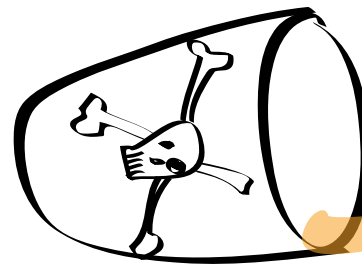
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PRINTED IN THE USA

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Mediocrity to Maturity



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to

# Maturity

A Journey from Despair to Repair

Frances Seymour

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